



AGM Athletics Report

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AOA Competition Director

Nov 5, 2017

Toronto Pan Am Sports Centre

Main Topics

- Athletics Re-structure
- Athletic Committee
- Ontario Ski Team



Athletics Re-structure

- Spring Transition... Why
- Kip Harrington hired as AOA Program Director and OST Head Coach
- My Role



AOA Athletic Committee

Members

- Kip Harrington – Chair
- Robyn Skinner – AOA Competition Director
- Joe Lavigne – U19/FIS Consultant & HP Lead
- Graeme Buckrell/Heather Metzger – U16 Consultants & HP Leads
- Jacques Reid – U14 Consultant & HP Lead
- Bennett Carter – SX Consultant
- Gwen Binsfeld – Para Alpine
- Regional Representation from Divisions:
 - Nick Kwazniak/Tess Hynes - SOD
 - David Bradley - LSSA
 - David Hunt - NOD
 - Bruce Monkman – NCD



AOAC Role

- Collaboration among the community
- Leverage Ontario's best ski racing minds
- Provide recommendations to the AOA Athletic consultants on programming
- Begin to tackle bigger issues



Summer

- Worked together on a cohesive, consistent plan for the 2018 season including schedule, guidelines, criteria and quality events for athletes across the province
- Collaboration with the key Race Organizing Committee's in each division including OCUP Finals and U16 Nationals
- New initiatives include SX, OWG and Club Excellence



AOA Strategic Plan

2016-2020 objectives

- Retain more athletes at all levels / all stages
- Increase pipeline of accredited coaches and officials
- **Have the highest level of provincial participation on the national alpine ski team**
- Be recognized and valued by the Ontario alpine ski community for what we deliver as an organization



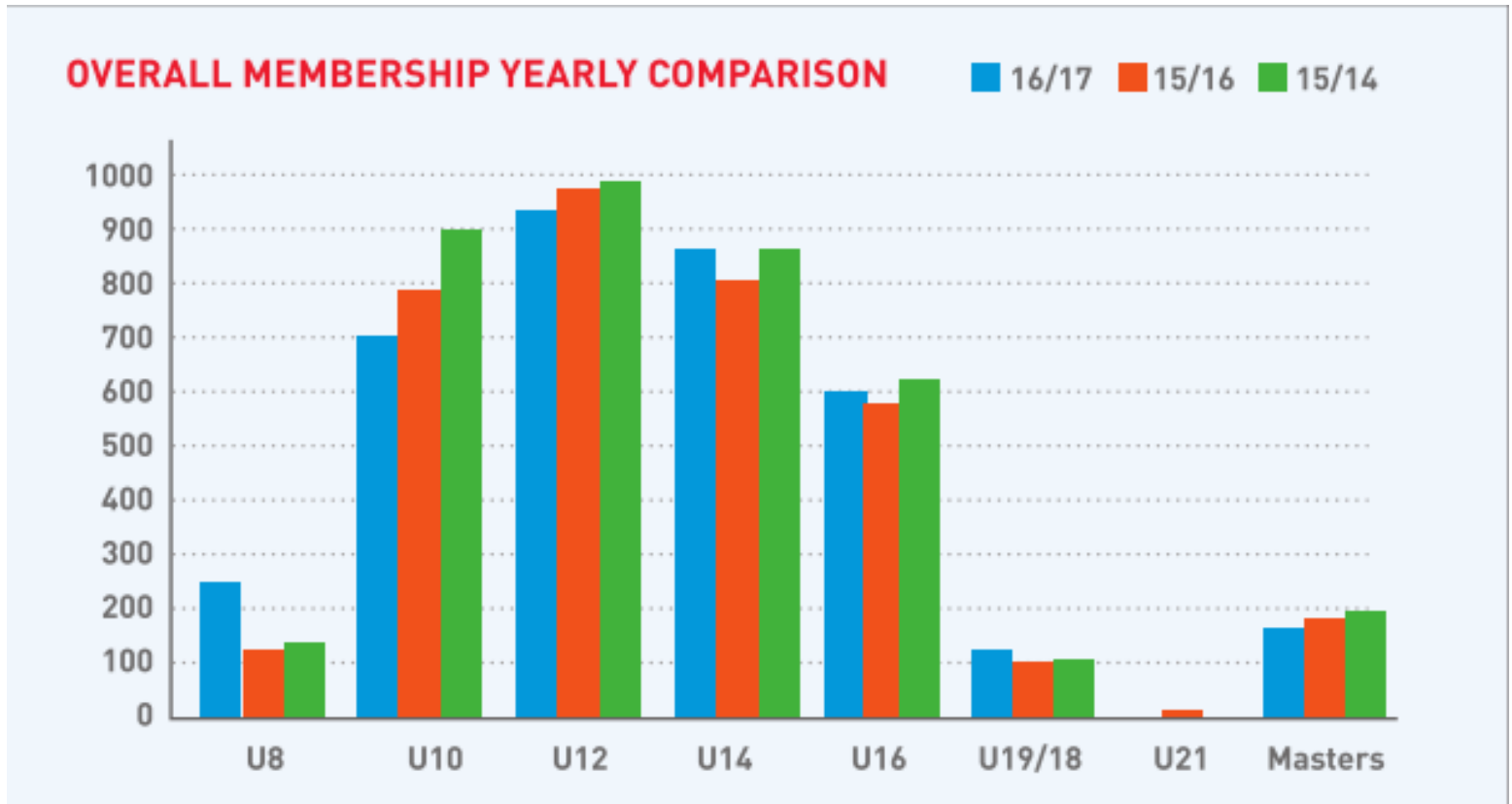
AOAC Mission:

Discuss and Develop Strategies

- Growth and Retention
- Pathways
- Development and Performance Strategies
- Coaches Education
- Program, policies and procedure
 - Selection
 - Schedule
 - Programming



Retention



Committee Findings & Recommendations: Retention

Findings

- Major issue across all sports
- FIS age change + increasing education pressure on grade 11
- Branding
- Perceived Lack of Clarity and options in Pathway

Recommendations

- Research the Broader Issue and Strategies
- More Research to find out why athletes are leaving our sport?
- Consistent and Transparent Policies and Procedures
- Athlete Education Opportunities
- Coach Education
- Promote Ski Racing



Committee Findings and Recommendations: Pathways and Programming

Findings

- Retention affects performance (Obviously!)
- Athletes are leaving the province at U18 to continue racing
- Disjointed/Gap (U16 HP team, no U18 HP, Ontario Ski Team)
- Programs are small and serve multiple rolls
- Geography and Cost

Recommendations

- More Consistency in Pathway U16-U18-U21.
 High Performance & Development/Participation
- Bolster U18 level
- Long Term Development Strategy
- Improve sport and fitness culture
- Coaches Education – Club Excellence



OST Membership and Pathways

Men

Declan McCormack, Osler/GMVS

Hunter Watson, Camp Fortune/
NCO

Sam Duff, Calabogie/NCO

Jared Burks, DG/SOD

Alex Duff Calabogie/NCO

Jake Mealey, GP/BSA

Ben Hanson, Osler/BSA

Harrison Wood, GP/SOD

Women

Camryn Metzger, GP

Gwen Dymond, Osler
GMVS/Global Racing

Brianna Macdonald,
Osler/Burke

Nicole Clarke, Camp
Fortune/NCO

Emily Field, Devils Elbow

Emma Pownall, Devils
Elbow

Camille Vibert, GP



OST Staff

OST Head Coach

Kip Harrington

Men

Cameron McKenzie – Men's Head Coach

Alex Lennox – Assistant Men's' Coach

Women

Katie Twible – Women's Head Coach

Mike Byrne – Assistant Women's Coach

Support Staff

Erin Smith – AOA Athletic Therapist, Totem Wellness

David Bentley – CSIO Sports Physiologist



OST 2018 Successes & Challenges

- 15 FIS victories in 2016-17
- U18 National Champion – Henry Luel
- 52 total FIS podium

- 6 Men “left or retired” the OST
- 3 Women “left or retired”
- Fitness level needs improvement for many athletes
- Injury prevention

- Declan and Hunter are exceeding expectations pre-season
- Addition of the Prospect Group has provided great opportunities – Jake

