



ANNUAL REPORT 2017/2018



Alpine Ontario staff and coaches participated in the Canadian Tire Jumpstart Olympic Day



2017-18 Alpine Ontario Alpin Staff . Photo credit: Jamie Green

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MISSION STATEMENT

VISION

Recognized as a world class organization and the provincial leader in Canada in alpine and para alpine skiing

MISSION

To provide leadership and structure for high quality, sustainable and affordable programming, and communicate the competitive, recreational and lifestyle benefits of ski racing to the community

CORE VALUES

Excellence, Passion, Competition, Fun, Sportsmanship, Fair Play and Safety

ALPINE ONTARIO BOARD OF DIRECTORS

Chairman Peter-Paul Du Vernet

Treasurer David Morrison

Directors Chris Pepper

Dr. Brent Norton, Peter Bier, Keith Duhan, Allan Milhalcin Michael McTaggart, Andrew

Fortier, Mark Santone

DIVISIONAL CHAIRS

National Capital Division Brent Alle
Southern Ontario Division Ron Warre

Northern Ontario Division Keith Duhan

ake Superior Division Alpine Tim Flye

ALPINE ONTARIO STAFF

Executive Director Scott Barrett

Competition Director Robyn Skinner

Athletics Manager Duncan Gibson-Maclear

Accounting Manager Alex Vieira

Communications Manager Kristin Ellis

SOUTHERN ONTARIO DIVISION STAFF

SOD Program Director T.E.S. Hynes **SOD Program Manager** Suki Chapman

ALPINE ONTARIO ATHLETIC COMMITTEE

Chair Kip Harrington

NOD Rep Dave Hunt

LSDA Rep Doug Robinson

NCD Rep Bruce Monkman

NOD NOP BLUES HEIM

SOD Rep T.E.S. Hynes

U19 Athletic Consultant Joey Lavigne

U16 Athletic Consultants Graeme Buckrell & Heather Metzger

U14 Athletic Consultant Jacques Reid

Para Alpine Consultant Gwen Binsfield

SX Consultant Bennett Carter

2016-2020 STRATEGIC PLAN OVERVIEW

2020 OBJECTIVES

QUALITY PROGRAMS

- Retain more athletes at all levels / all stages
- ✓ Increase pipeline of accredited coaches and officials
- ✓ Have the highest level of provincial participation on the National Alpine Ski Team

ENGAGED

Be recognized and valued by the Ontario alpine ski community for the services we provide as an organization

ORGANIZATION CAPABILITY

- Create long term financial and organizational sustainability to ensure consistent year over year programming
- Continue to focus on the establishment and adherence to robust governance in Management and Board practices

CORE STRATEGIES

- Athlete Development
- Growth Of Coaches And Officials
- Stakeholder Engagement
- Provincial Consistency
- Revenue Sustainability
- Mot-For-Profit / PSO Best Practices





2017-18 STRATEGIC PRIORITIES

- Retain and develop athletes to further build the AOA pipeline and develop Ontario athletes, ready for the national stage
 - i. Created new athletic positions (U14/16/19/SX/Para) to broaden expertise and knowledge in the organization
 - ii. Continued to develop coaching education opportunities: Coaching Education summit augment offerings and courses
 - iii. Launched new U16 High Performance Program (U16HPP)
 - iv. Focused on the creation of programs for girls and women in sport
- Create new committee structure within AOA to further engage community involvement and to reinforce one province, one program.
 - i. Created AOA High Performance Athletic Committee (AOAC)
 - ii. Created AOA Awards & Bursary Committee
 - iii. Created a new position within the AOA organization: Community Engagement Manager
- Continue to foster clarity and improve consistency and transparency in how AOA provides programming to all areas in the province
 - i. Communicate the membership benefits to the AOA membership
 - ii. Clearly define roles and responsibilities for AOA in all jurisdictions
 - iii. Integrate Para into AOA operations
- Create long term financial and organizational sustainability to ensure consistent yearover-year programming
 - i. Develop improved Ministry of Ontario relationship and reporting structures
 - ii. Create a fundraising plan to diversify revenue streams
 - iii. Create and define the "inventory" of collateral for corporate partners



WELCOME

MESSAGE FROM THE EXECUTIVE DIRECTOR



Dear Alpine Ontario members, Thank you for stepping up to the amazing ski season that Mother Nature threw at us this past season. Most certainly 2017-18 will go down in the record books for our longest

season. We skied in many parts of Ontario till May, which was truly amazing!

Change continues to be the new "norm" here at AOA, and I thank all our clubs, coaches, race administrators, parents, and athletes for their patience as we continue to evaluate and reevaluate the sport. Many of these changes are part of an effort to stay competitive in the sporting marketplace and to keep up with our swiftmoving members, who are incredibly dynamic and passionate! I promise far less change in 2018-19.

Thank you to the partners of AOA – led by

Mackenzie Investments and the Ontario

Government – who make all of this possible.

Without these two organizations, there would be no AOA. I also thank partners Sporting Life,

Oxford Properties, Cadillac Fairview, Stratum,

Pizza Pizza, Blake Farrow Property Management,

SXS Fitness, Hello Fresh, Scalar, Project X and HSBC. Collectively we raise over \$400,000 in corporate funding each year, and we value our partners' commitment in support of ski racing across Ontario.

Now to address the many changes we made last year...

ATHLETIC COMMITTEE (AOAC): In 2017-18 we implemented a new athletic structure by forming the AOAC, with AOA's Robyn Skinner and Kip Harrington at its helm. Robyn is the organization's Competition Director and Kip is the Ontario Ski Team Head Coach and Program Director –

with a wealth of knowledge, including 8 years coaching with Alpine Canada. It is this group that determines the rules, schedules, selections, etc. They are all in-field coaches, and we felt this format better represented our members. Thank you to Robyn for organizing the group so effectively! See more on the AOAC on page x.

PARA ALPINE: AOA officially partnered with Para in 2018 and will continue to evolve the relationship in years to come. **Gwen Binsfeld** is AOA's Para Chair and has joined the AOA Athletic Committee. Gwen continues to coach and is actively recruiting Para athletes and promoting the program wherever she goes. We're excited for much more to come from some very strong Ontario skiers. See more on Para on page x.

SKI CROSS (SX): SX continued to integrate more closely with our alpine program and is represented on the AOAC by **Bennett Carter**. This year marked the first-ever, fully funded SX Builder, Coach and Officials Development Camp at Calabogie Peaks in December 2017. AOA had 14 ski club representatives attend the camp with extremely positive reviews. We look ahead to next season's return of the FIS SX World Cup to Blue Mountain on January 26th, 2019.

U16 HIGH PERFORMANCE PROGRAM (HPP):

We implemented the first ever U16 HPP, with 40 athletes selected to the program last April. We are all indebted to the program leaders **Heather**Metzger and Graeme Buckrell, along with AOA's

Duncan Gibson-Maclean for his hard work on the project. Duncan is a "fan favourite" of the kids, and we're thrilled to be sending him to both U16 HPP camps this summer to continue supporting this program. AOA continues to look for funding partners to sustain the U16 HPP in year 2 and beyond.

CLUB EXCELLENCE YEAR 1 - COACH EDUCATION:

The Club Excellence Program came to light last summer thanks to Robyn Skinner, Kristin Ellis. Laura Padula and Jeff Jones. Their hard work researching, specifically looking at the USSA program, blazed the trail for the program's success. Jeff Jones took the reins and implemented the Rossiter Raffle Coach Education program, which saw AOA ski clubs raise close to \$35,000! While it is early yet to evaluate the success of this program, we know that Ontario was the best province in Canada in 2017-18 for Entry-Level and Development-Level conversion rates from "trained" to "certified". I would also like to acknowledge Sarah Edwards, our entry level course coordinator, for another great campaign leading our young coaches!

community Engagement Manager, Laura
Padula. Laura assisted with the inaugural Parent and Coach Education Conference last November.
Laura was relentless in her work alongside AOA's Communications Manager, Kristin Ellis, on The Ontario Ski Racing Awards (OSRA) Gala in Toronto on April 18th. Laura also managed the new AOA Legacy Club, AOA merchandise, The Duke of Edinburgh Program; and she organized the return of the AOA Golf Tournament.

SOUTHERN ONTARIO DIVISION (SOD) OFFICE:

The AOA SOD relationship continues to evolve. I hope that everyone can agree that the addition of **TES Hynes** and **Suki Chapman** to the SOD Office brought communication and engagement in the division to the next level. This dynamic duo occupies the back area of the AOA office, and they happily plug away day after day managing our largest division.

MARKETING & MERCHANDISE: AOA stepped up its merchandise sales this winter. Thank you to Duncan and Laura for all their hard work on this program. The AOA website continued to improve;

it saw a 188% increase in traffic this season with more than 400,000 page views this winter.

GEORGIAN PEAKS SKI DAYS: In an attempt to bring more awareness and exposure to our Ontario Ski Team, AOA invested in a series of days where clubs could train alongside the team and get some valuable mileage down Roger's Run, Ontario's only FIS homologated slope. The series also included the first-ever AOA female-only camp with 100+ girls coming together under the amazing leadership of ACA's 2017 Coach of the Year, Jenn Warren.

I finish this note thanking the 2017-18 AOA coaching staff, including **Kip Harrington, Cam McKenzie, Katie Twible, Alex Lennox, Mike Byrne, Taylor Martin, Will Gyles, Bebe Zoricic,** and **Northrop Johnson**. No athlete will rise to the top without a great coach. One instance of this "shining" is **Declan McCormack**, who has moved up through the ranks of the Osler Bluff Ski Club, the Ontario Ski Team, and now has been selected to the CAST Development Team. Congratulations, Declan!

Lastly, I would like to thank the AOA board of Directors for their time and effort this past year. They continue to make a significant contribution to ski racing across Ontario.

Scott Barrett

Executive Director, Alpine Ontario Alpin

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ALPINE CANADA LETTER



MESSAGE FROM PRESIDENT & CEO VANIA GRANDI ALPINE CANADA ALPIN



Dear Canadian Ski Racing Friends.

Ski racing in Canada takes collaboration, passion, and a unifying vision. On behalf of Alpine Canada, thank you to

everyone who contributed to a successful 2017-18 season. With your support, Alpine Canada athletes were part of the most successful Team Canada Olympic and Paralympic Games ever!

Across all three teams, Alpine, Ski Cross and Para Alpine, this is the hardware the teams took home:

- 3 Olympic Medals
- 10 Paralympic Medals
- 4 Crystal Globes
- 1 Nations Cup
- 7 Overall Discipline Nor-Am Alpine Titles
- 1 Overall Nor-Am Alpine Title
- 2 Overall Nor-Am Ski Cross Titles
- 1 FIS Junior World Alpine Ski Championship Medal

Domestically-held events were abundant this season with alpine and ski cross Nor-Am Cup events hosted coast-to-coast. The 2018 Sport Chek U16 National Championships, hosted by Alpine Ontario, were a true season highlight for grassroots ski racing. Thank you to the tireless volunteers and dedicated partners that made these events possible.

The 2018 Canadian Ski Racing Awards were presented at the 2018 Sport Chek Canadian Championships at Red Mountain. This year, two Ontario athletes were awarded Athlete of the Year titles: **Erin Mielzynski**, Female Alpine Athlete of the

Year, and **Mac Marcoux**, Male Para-Alpine Athlete of the Year. We continue to be humbled by the depth of volunteers; dedicated clubs and resorts; and committed coaches that are nominated each year.

Marketing Initiatives

The 2017-18 season kicked off with media and fundraising events in Montreal, Toronto, and Calgary. The fourth annual National Ski & Snowboard Day was a collaborative effort with two other National Sport Organizations (Freestyle Canada and Snowboard Canada.) It brought 18 resorts together, the largest number ever, to celebrate winter sport in Canada.

The Olympic (February) and Paralympic (March) Games highlighted the season and contributed to the highest number of media impressions in a single year, with nearly two billion earned media impressions. Stories about our athletes were published across the country.

Alpine Canada's digital and social platforms continued to grow. The website drew more than 250,000 visitors, and over 1.3 million people watched video content produced or distributed by Alpine Canada. Our Facebook page grew by 31% and Instagram grew by 28%, making it a huge property for athletes and partners to leverage content.

The Months Ahead

Alpine Canada's domestic team has been working tirelessly with our provincial partners to develop the Long-Term Athlete

Development (LTAD) digital platform, which

will serve as a resource centre for athletes of all ages and abilities, including sections targeted for parents, coaches, and other stakeholders. With over 7,000 coaches registered across Canada, this is essential for developing successful ski racers in Canada.

Along with the LTAD revision project, many improvements have been made to Alpine Canada's Safe in Sport program in recent years, and we're committed to doing more. We're working with the Responsible Coaching Movement to further improve our policies, compliance, and governance. Alpine Canada is also ready to collaborate with any organization that is committed to improving safety, respect, and prevention of harassment in sport.

Thank you for the support we have received from Alpine Ontario as well as the other provincial ski associations, ski resorts, and clubs. We also thank our corporate partners and suppliers, donors, and government partners – Own the Podium and the Canadian Olympic Committee. All of these organizations and many others contribute to the success of our athletes.

I wish you a wonderful summer and an even better ski season!

Vania Grandi

President & CEO, Alpine Canada Alpin

V. granti



PHIL BROWN, CRAIGLEITH SKI CLUB, CAST

PHOTO CREDIT: ALPINE CANADA / GEPA

ALPINE ONTARIO ALPIN PREMIER PARTNERS



Mackenzie Investments provides support to seven premier national snow sport organizations, including Alpine Canada Alpin, Biathlon Canada, Canada Snowboard, Canadian Freestyle Ski Association, Cross Country Canada, Nordic Combined Canada, and Ski Jumping Canada. Mackenzie Investments is also building on its long history of supporting grassroots alpine skiing in its home province through a new five-year partnership with Alpine Ontario.

Mackenzie Investments was the Title Partner of the U10, U12, and U14 Series and Title Partner of the Ontario Ski Team.

mackenzieinvestments.com



The Ontario Government provides funding for Alpine Ontario Alpin as one of its member Provincial Sport Organizations (PSO). This funding allows AOA to carry out our ski racing program initiatives from grassroots to elite athletes.

mtc.gov.on.ca/en/home.shtml

PLATINUM PARTNERS



Official Ski Wear of Alpine Ontario Alpin.

karbon.com



Official Retail Partner to AOA providing members annually with a 10% retail discount card.

sportinglife.ca



PROUD PARTNERS



Official partner to the AOA OCUP FIS Series. cadillacfairview.com



Official partner to the AOA OCUP FIS Series. oxfordproperties.com



Official partner to the SCUP Finals Series stratumadvisorygroup.com



Official partner to the SOD Ski Team. pizzapizza.ca



Blake Farrow Project Management supports Alpine Ontario with office space and storage in Collingwood. blakefarrowproject.ca



Official partner and host of the AOA Spring and Fall Fitness Testing, and provides AOA with weekly fitness and wellness tips for its website and e-newsletter.

sxsfitness.ca



Official partner of the 2018 Sport Chek U16 National Championships and 2018 AOA Legends Golf Tournament. pxltd.ca



Official partner of the 2018 Sport Chek U16 National Championships. scalar.ca



Hello Fresh provided all AOA members with a 50% discount on their first food book order.
hellofresh.ca/landing/aoa



Co-host of the 2018 AOA NZ Legends Golf Tournament. www.nzfoundation.ca

FINANCIALS

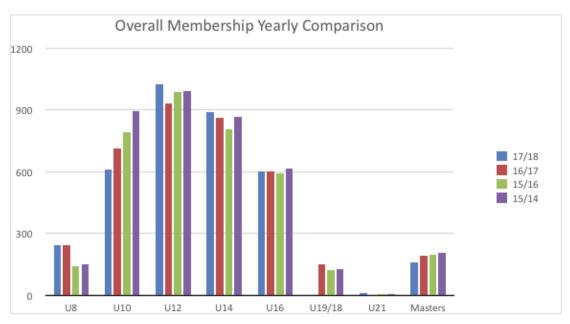
AOA's year end is May 31st with the audited Financial Statements becoming available in October 2018. The audited 2017 Annual Report will be available after this time, posted to the AOA Website, and shared with the members at the Annual General Meeting.

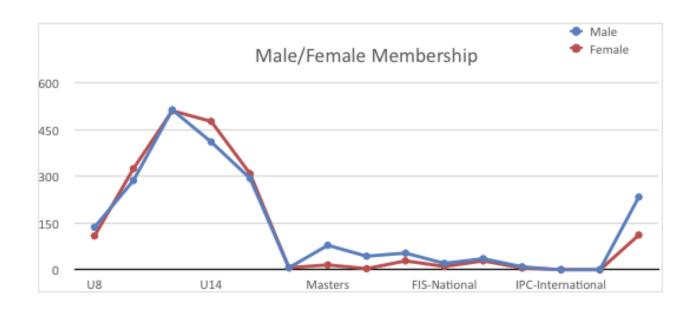


MEMBERSHIP

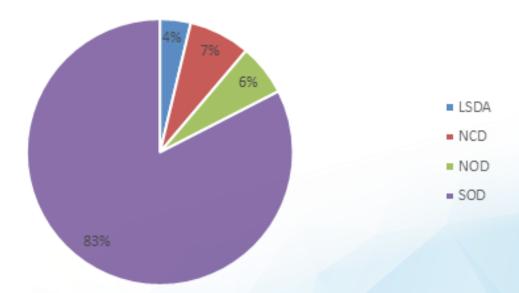
Overall AOA Membership

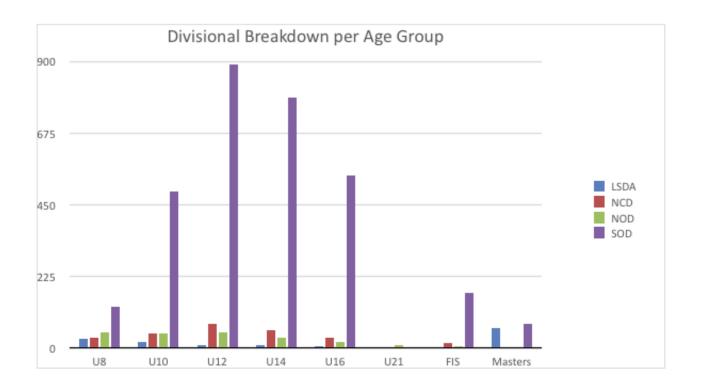
Membership Category	Number of registered Male members	Number of registered Female members	
U8	137	109	
U10	287 325		
U12	514 511		
U14	411	477	
U16	294	309	
U21	7	7	
Masters	79	16	
Masters Weekend	44	4	
FIS-Provincial	54	29	
FIS-National	21	11	
FIS-International	36	29	
FIS-Masters	10	6	
IPC-International	0	1	
IPC-Canadian	1	0	
Officials	234	112	
Totals	2129	1946	





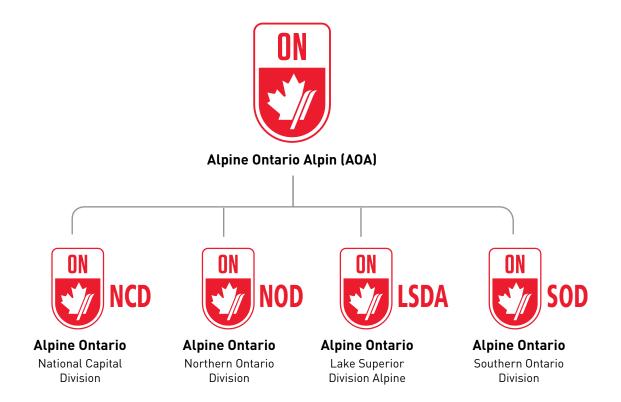
Breakdown by Division







DIVISION UPDATES



LAKE SUPERIOR DIVISION ALPINE





The LSDA region had an exceptional ski season. Our season started November 11th, and our last day of skiing was May 6th! I cannot remember another season where we did not have to cancel one day of training due to adverse conditions.

LSDA athletes participated and partnered with many programs and other clubs throughout the ski season, including the AOA U16 High Performance Program (HPP); the Georgian Peaks fall training camp in Europe; the Buck Hill Ski Team in Loveland, Copper Mountain and Winter Park; and the NCO FIS camps in both Chile and Alberta. Regional club partnerships continue to benefit this division and be a major contributor to our success. Our FIS and U16 athletes all participated in pre-Christmas race starts and participated at races into April.

Competition Highlights

- Women's FIS Mid-Am Season Champion.
- 2 x U16 Female Athletes, National Qualifiers and Can-Am Qualifiers.
- University athletes lowered FIS points profiles.
- 3 x 1st year FIS athletes establishing points profiles.
- Local FIS athlete attended National Championships.
- Aaron Puskas of the Norwesters Alpine Ski Club has qualified to the 2018 Ontario Ski Team.

ALPINE ONTARIO P.20

Club Highlights and Successes

- A new programming model at Mt. Baldy/Port Arthur Ski Club saw the program grow by 50% with close to 40 members.
- NAC
- Programs at NAC and TBFAST saw increased participation and membership.
- New snowmaking, new magic carpet, and resort owners willing to invest in infrastructure at Mt. Baldy
- Certified EL course conductor to improve our ability to calendar and deliver the entry-level courses in our community.
- Masters race program continues to be one of the strongest in the country.
- Our membership grew by 9%, with growth at all clubs.

The Norwesters
Alpine Ski Club raised
the most money of all AOA
clubs in the Rossiter Raffle
Club Excellence Program.
Members sold more than
\$6,500 worth of tickets,
and raised more than \$3,000
for coach development for
their club.



Looking Ahead

- Our ROC is currently in the planning stages to make the 2019 U14 provincials a memorable event, full of extras emphasizing culture and education for our athletes, coaches, and parents!
- There is a plan to bring FIS racers from the USA with points ranging from 20-40.
- We plan to build on our relationship with Lakehead University, and we have managed to attract three new racers to next year's program.
- We have six local Special Olympic Athletes who have requested our assistance to train for the 2020 Special Olympics Canada Winter Games, which will be hosted in Thunder Bay.



NATIONAL CAPITAL DIVISION

A REPORT FROM NCD CHAIR, BRENT ALLEN

It was another exciting season in the National Capital Division (NCD)! From a new four-day race format at the Anne Heggtveit Cup FIS at Camp Fortune to the spectacular weather during U16 OCUP Finals, hosted by Calabogie Peaks, it was an action-packed season. Local athletes had great results regionally as well as outside the region.

Camp Fortune Ski Club and Calabogie Ski Racing Club welcomed the National Capital Outaouais (NCO), the regional elite ski team, as a new club to the NCD region. NCD clubs offer programs from Nancy Green to FIS, as well as a successful university program. And the NCO ski team is the elite team for U16 and FIS athletes in the region. Because our clubs are along the Ontario-Quebec border, the NCD athletes compete with the Outaouais region of Ski Quebec Alpine in races from U10 – U16.

Race Season

The region hosted over 30 races from U10 to FIS this year, including speed camps for U14 and U16 athletes. This year, a partnership with Ski Quebec Alpine and the Mont Ste. Marie Ski Club meant a new four-day format for the OCUP **Anne Heggtveit** Cup FIS race. Camp Fortune hosted four days of slalom while Mont Ste. Marie hosted four days of giant slalom as part of that province's Super Series. Calabogie hosted the U16 OCUP Finals at the end of March. The race organizing team put on a great event, and despite the weather challenges earlier in the month, the weather and conditions were fantastic, which made for a great week of racing. Calabogie once again hosted the Annual U14/16/19 Dual Slalom in April, with a great turnout in beautiful spring conditions.

National Capital Outaouais Ski Team (NCO)

The 2017/18 NCO team consisted of six U16 and 11 FIS athletes with half of the athletes coming from NCD. The team held a summer camp in Chile and early-season camps in Austria and

Norquay. The U16 team had quite a busy season with great results outside the region. The FIS team, with the exception of one athlete, included all first-year FIS racers who had race starts in both Canada and the US. **Jesse Holland** (Camp Fortune) had several top ten finishes as a U19.

NCD

University Racing

University ski racing continued to grow in Ottawa now that the RESQ has combined with the Quebec Super Series. Athletes from Carleton University, University of Ottawa, and University of Quebec Outaouais have now joined forces to become one University team. University racing is a great way to keep athletes in the sport. Team captain and Carleton University student, Hannah Schmidt, continued to have great results and many top five finishes.

Coaches and Volunteers

Program Directors **Bruce Monkman** (Calabogie), **Pat Biggs** (Camp Fortune), and NCO Head Coach **Joey Lavigne** continue to collaborate on opportunities, including training and coach development. The NCD clubs continue to support our club coaches. This year, three coaches completed Performance Level coaching certification and three completed DL certification.

NCD relies heavily on parents to volunteer for races, and they've continued to be very engaged in running successful regional races. We continue to increase the number of parent volunteers who become officials, and NCD clubs ran multiple Level 1 and 2 courses. Congratulations to **Brian Silveira** of Camp Fortune, who won Alpine Ontario Parent Volunteer of the Year.



NCD RACE HIGHLIGHTS

Congratulations to the following athletes on an outstanding season!

U14 OCUP FINALS & CAN AM

Congratulations to **Andrea Nicolici** (Camp Fortune), who won the overall U14 OCUP Finals and placed 2nd in SG and 4th in GS at the Sugarloaf Can-Ams.

U16 OCUP FINALS:

Julia Michelis (Camp Fortune): 10th in GS & SL Gillian Hamilton (Camp Fortune): 3rd in SL and 3rd in Dual SL Spencer Watson (Camp Fortune): 9th SL

U16 MEN'S OCUP FINALS

Antoine Deslaurier (Camp Fortune): 4th Super-G
Noah Kasdorf (Camp Fortune): 5th Super-G, 5th GS, 1st SL
Antoine Deslaurier (Camp Fortune): 6th GS

Leandre Duhamel (Camp Fortune): 7th GS & 10th SL

U16 CAN-AM

Gillian Hamilton (Camp Fortune): 3rd SL **Noah Kasdorf** (Camp Fortune/NCO): 8th SL

U19 ONTARIO WINTER GAMES:

Lauren Campbell-Brunke (Calabogie): 1st Dual SL & SL

Connor Allen (Calabogie): 2nd Dual SL Connor Allen (Calabogie): 1st SL Owen Barr (Calabogie): 4th SL



NORTHERN ONTARIO DIVISION

REPORT FROM NOD CHAIR, KEITH DUHAN

What a winter we had, skiing into May in Ontario! Time on snow and maintaining positive momentum throughout the winter was easy this year, with amazing snow conditions. The U14 OCUP Provincial Finals at Searchmont were a great success thanks to the many terrific volunteers and community support in the Sault.

Development Activities

The block-racing format introduced this year was a fantastic success for our division. This

was easily the best decision to come out of last year's AOA athletic meetings. NOD put together a travelling U14 and U16 team that headed to the Collingwood area in January, where they earned valuable experience while gaining insight on the level of competition required for the OCUP Finals. All of our Divisional Races this year included a training day prior to race day to hone skills development alongside racing skills. In 2018-2019, the plan is to hold another camp in Vermont and have the athletes visit the World Cup race at Killington.

High Performance

NOD had two racers participate in the U14 high performance Can-Am races, Mathieu

Beauchamp and Danielle

Huneault. Danielle was also part of the AOA U16 High

Performance team that travelled to Switzerland last summer.

The high performance initiatives

from AOA continue to be a strong driver for all the athletes. **Dave Hunt**, the NOD Divisional coaching representative, was also selected by AOA to coach at Can-Ams. Being part of this High Performance event will allow Dave to bring back valuable experiences to help develop the up-andcoming coaches. Fitness is proving to be key in

> progressing at this level, and some courses will have to get to the 50-gate level to develop individual stamina and maintain performance.

NOD





Pre-Season

NOD clubs hosted fall training camps at Mont Tremblant,
Mont Ste. Anne, and Jay Peak.
This summer, the goal is to participate as a division at early/ late fall camps and at a post-season camp in April to harness team energy, camaraderie, skill sets, and knowledge.

Officials and Coaches Training

Marc Nielsen and Dave Hunt continue to lead the NOD Division in developing a solid officials and coaches base. Marc has scheduled officials' courses before most divisional races to eliminate travel time for volunteers. Dave has done the same with coaches' courses. Keeping coaching credits

current is a must-goal to keeping development moving forward.

SOUTHERN ONTARIO DIVISION

REPORT FROM SOD CHAIR, RON WARREN

ON SOD

What a year for the Southern Ontario Division! We were skiing until May 1st!

Our member clubs continued to put forth amazing programs that kept our athletes engaged and motivated at all ages. Our coaches and program

managers continued to offer new ways to fulfill the long-term love of skiing. Our coaches keep figuring out ways to learn the skills involved in the sport through increased focus on skiing through different terrain, increased number of days-on-snow, and ultimately enjoying the sport in and out of the gates. The coaches and their passion for skiing in Southern Ontario have no equals as we continue in our goal to be the Canadian region with the most certified coaches at all levels!

The Rossiter Boat fundraiser was an amazing tool to build up our coaching teamwork and reward our clubs financially at the same time. What a success. I would like to thank **Jeff Jones** for his efforts in promoting the Rossiter Boat Raffle with the new Club Excellence program, and for all his

work helping our coaches obtain their next step of certification.

The SOD Ski Team (SODST) continues to grow in numbers and in talent. This team was designed to keep our athletes skiing in a competitive environment, longer. We have achieved that. We had athletes on the team that competed locally, and we have athletes working at a higher

level with goals of being competitive at our National Championships and on the Nor-Am circuit. On behalf of all these athletes, thank you to the coaching staff, including Taylor Martin, Will Gyles, Bebe Zoricic, and North Johnston, for all your efforts.

The SOD Cups, at all levels, were well attended with bigger numbers than ever, including the seasonending age-group races, such as the U10/U12 Muskoka Rodeo and the many races hosted east and west of Toronto along the Escarpment. The U19 SOD Series had a great resurgence, with athletes competing in U19 National point races, the Ontario Winter Games, and the occasional FIS series. What a perfect way to stay in the game and push yourself with many competitive options.

I cannot thank our officials enough; they are the engine

to our events. I want to thank **David Hopper** for his time on the SOD Committee; we appreciate all his efforts to increase awareness of the role of the Official.



PHOTO CREDIT: HERMAN KOESLAG





The Sport Chek U16 National Championships, March 6-10th, was hosted at four SOD Clubs: Georgian Peaks, Alpine, Osler and Craigleith. I don't believe we've ever had an event in SOD of this high a calibre! The athletes, coaches, and parents all left feeling that Southern Ontario and the Collingwood area is a great place to come and race. What an accomplishment for Co-Chairs **Bill Reeves** and **Pete Dyson** and their group of volunteers. This was truly an amazing experience.

This will be my final address to the Division, as my time on the committee is done. I would like to thank all the SOD Committee members for all their hard work in meeting their individual portfolio goals. We are just at the start of great things to come. We need to stay consistent from year to year. Improvement is always welcome; full-scale change just creates confusion.

Lastly I want to thank **TES Hynes** and **Suki Chapman**, the SOD Program Director and
Program Manager, respectively. You have both
done an amazing job, and we would not be at this
starting point without you. Thank you so much for
your efforts.



PHOTO CREDIT: DEBBIE GUST



COACHES REPORT

SARAH EDWARDS - AOA EL Course Coordinator/
ACA Learning Facilitator (LF) and Coach Developer (CD)



For Learning Facilitators (LFs) and Coach Developers (CDs), the season was fueled by the initiative from the multi-sport coaching community to make sport fun and understand the reasons why kids love to participate. The science-based studies show that kids want to try hard, be part of a positive group dynamic, have a positive coach, learn, and develop new skills. The training that LFs and CDs received echoed this initiative, and course content delivered reflected these ideas.

Entry Level Course:

19 courses delivered at 15 resorts across Ontario with 264 course candidates.

This season the NCCP module Make Ethical Decisions was removed from the three-day course and is now part of the EL pathway. It was replaced with the CSIA Gliding Start module, which provides tools and resources when working with skiers under the age of six. This addition has proven to be very valuable to new coaches to the system. The remainder of the EL course continues to include on-snow ski improvement, the ACA technical model, the NCCP Plan a Practice module, and coaching development using the Snow Stars program that is currently being revamped by ACA. AOA participates in the ACA curriculum review.

Development Level Courses:

Three courses delivered across Ontario with 22 course candidates.

The DL course format changed to offer four days-on-snow instead of three. This resulted in more ski improvement and on-snow coaching opportunities for the candidates. AOA continues to provide opportunity for NCCP modules that reflect requirements on the EL/DL/PL coach education pathways. ACA continues to review the courses' content and delivery to ensure the greatest learning opportunities for these coaches.

Performance Level Courses/ Ski Cross Modules:

PL Intro 1 – not delivered in ON – working with ACA to ensure early calendar next season

PL Intro 2 – April 2018 course in Collingwood – eight participants

Ski Cross Module – 29 participants at Calabogie in December 2017

EL/ DL Course Learning Facilitators:

36 AOA Entry Level and 28 Development Level Learning Facilitators attended ACA fall training, which was provided at no cost to participants with funding from the Coaching Association of Ontario (CAO).

20 EL LFs and four DL LFs delivered courses for AOA/ACA. This core team participates in preseason, mid-season, and year-end reviews to discuss feedback and to continually ensure that the content and delivery of the courses is relevant and reflective of the participants.

NCCP Core Training is now required for all Learning Facilitators commencing December 2018.

Coach Developers/Coach Evaluators:

New for this season was the requirement for all coach developers to participate in ACA webinars to deliver in-the-field EL/DL evaluations to move coaches from trained to certified status.



38 Ontario coaches participated in this training, and AOA is currently collecting data from this past season on coaches moving along the education pathways from trained to certified status - using information from CEs who participated in the new ACA coach evaluator training and have completed the NCCP core training.

Ontario Coach Education and Events Summary

AOA continues to offer a variety of coach education licensing credits which were included at the spring/fall fitness testing, AOA October education summit (72 attendees), and SOD April coaches congress (80 attendees)

COACHING PATHWAY						
LTAD	COACH CERTIFICATION PATHWAY		COACH DEVELOPER PATHWAY			
TRAIN TO WIN	NCI LEVEL 4	NCCP MASTER (formerly Level 4)	EVALUATOR	3		
	PL CERTIFIED		CO-DELIVERY	ASTER COAC		
	PERFORMANCE LEVEL	NCCP ADVANCED (formerly Level 3)	CONTENT TRAINING	MASTER COACH DEVELOPER		
A 35	(PL) TRAINED	,	CORE TRAINING			
LEARN TO RACE 🕨 TRAIN TO RACE	DL CERTIFIED ADVANCED	NCCP CERTIFIED (formerly Level 2)	EVALUATOR			
TRA	DL CERTIFIED		CO-DELIVERY	COACH EVALUATOR		
TO RACE	DE CENTIFIED		CONTENT TRAINING	H TOR		
LEARN	DEVELOPMENT LEVEL (DL) TRAINED		CORE TRAINING			
LEARN TO TRAIN /FUNDAMENTALS	EL CERTIFIED ADVANCED	NCCP TRAINED (formerly Level 1)				
	EL CERTIFIED		COACH DEVELOPMENT STARTS AT DL			
	ENTRY LEVEL (EL) TRAINED					

CLUB EXCELLENCE REPORT

A REPORT FROM AOA COACH EDUCATION CONSULTANT, JEFF JONES

This report marks the inaugural "Club Excellence" report with our Provincial Sport Organization (PSO), Alpine Ontario. I'm excited about this for AOA Clubs! Club Excellence has been a long-standing interest of mine as I've watched the development of it in the USSA Ski Club over the years. I even attended the USSA Club Excellence Conference in 2014 and was among the first Canadians to do so.







In a nutshell, Club
Excellence is a program
that many PSO or National
Sport Organizations (NSO)
can offer to their member
clubs.

The CE Program is

intended to focus support and resources on key areas of development within Ontario Alpine Ski Racing. In the USSA system they have Bronze, Silver, and Gold Tiers, or benchmarks, for their member clubs to reach. The platform includes a wide range of topics, from Club Governance to Marketing to Athlete Development and, of course, Coach Education – which is where AOA decided to start Year I on a four-year plan.

The one drawback to running a Club Excellence Program is that it takes a huge amount of work! The USSA hires one person full-time to run their programs. AOA decided to "contract" me to run theirs, and I was thrilled to do so, representing the 405 ski coaches registered in the Club Excellence program this past season with AOA.

AOA's reasons for choosing Coach Education were simple:

- The Youth drop-out rate in sport with an unqualified coach is as high as 74%*
- The Youth drop-out rate in sport is 5% with a qualified coach!

AOA saw the dramatic impact "qualified" coaches would have on athlete retention. Children simply

stay in sport longer when they have excellent coaching. Of course, this is not rocket science!

AOA was also well aware of the dismal percentage statistics in Canada when it comes to "certifying" coaches. The reality is, many coaches are getting "trained" but not getting "certified".

- EL conversion to certification is 12-14% from 2014-2017; average 180 nationally
- DL conversion to certification is 8-11% from 2014-2017; average 35 nationally
- PL conversion to certification is 17-16% from 2014-2017; average 4 nationally

In taking on this project, I wanted to make it simple and achieve three goals:

- 1. Improve EL and DL conversion better than the national average.*
- 2. Encourage and recognize coach development.
- 3. Lead coach development in Ontario Ski Racing.

We decided to make this process as simple as we could for the 40 AOA Member Clubs. The program launched in December 2017 with the announcement that Rossiter Boats would drive Year I of the campaign with the generous donation of an R17 Boat Raffle. This brought a unique aspect to the Club Excellence Program – unlike what I've seen in USSA – in that that there was a financial incentive tied to Coach Education. A brilliant move by AOA and Rossiter Boats! Now clubs could use the incentive of winning a boat to raise money at their clubs for their coaches. A win-win if I've heard of one!



The steps to get involved in Club Excellence were clearly communicated to the member clubs and posted to the AOA Website pages. The seven steps were:

- 1. Read the Club Excellence information package.
- 2. Participate in the Club Excellence survey.
- 3. Declare the intent to enter the CE program by completing the club declaration form.
- 4. Establish program goals and action plan in collaboration with Jeff Jones, the AOA Coach Education Consultant.
- 5. Promote the raffle in your club and online through the AOA e-commerce platform ticket reservation and "in club" tickets. To promote it, download the poster and put it up all over your club. You can also include this creative in your e-newsletters and social media.
- 6. Submit your club report (to be presented mid-winter) by April 30th.
- 7. Final evaluation and funding release back to clubs.

Did this work? Did we develop coaches?

Overall we believe the program was a success. But we know we need more direct communications – especially with the clubs out of Division – and we need to launch this program earlier, as December was just too busy to come at the clubs with something new.

Club Excellence: Coach Education Highlights:

- 14 AOA member clubs participated.
- All four of the AOA Divisions participated.
- The program represented 405 AOA coaches.
- The AOA Mont Tremblant Camp DL development opportunity included four DL candidates who were evaluated in partnership with ACA.
- Participating clubs on average graduated 32% of "trained" EL coaches to "certified", more than double the national average of 14%.
- Participating clubs on average graduated 26% of "trained" DL coaches to "certified", more than double the national average of 11%.
- 70% of clubs agreed the program motivated coach development.
- 75% of clubs want more PSO involvement in Coach Education Programs.
- 80% of clubs would participate in more Club Excellence programming.
- \$33,140 raised by the Rossiter Raffle.
- Top club raised \$6,620.00. Congratulations, Norwesters Alpine Ski Club in Thunder Bay!

^{* 1}National Council for Accreditation of Coaching Education - Coaching Counts! Case Statement - 2011 2Sports Done Right Report - The University of Maine Sport & Coaching Initiative - 2004 3Palo Alto Online: What Makes A Good Coach? Terri Lobdell - 2010

OFFICIALS REPORT

PETER DYSON - AOA OFFICIALS CHAIR

It is no easy to task to ensure that events run smoothly and are fair for all competitors, but the dedicated men and women who volunteer their time have once again stepped up to the plate.

This season, Ontario officials continued to execute high quality races in all divisions and

classifications. This was seen from entry-level, U8 races, all the way up to the FIS sanctioned events. Officials answered the call from all regions of our province from Loch Lomond to London, Timmins to Calabogie, and Blue Mountain to Brimacombe. The dedicated group of Ontario officials, who gave up their weekends or days off work, ensured that races ran smoothly.

Once again this year I was honoured to lead, as the Provincial Chair, a hardworking group of

officials who make up the Alpine Ontario Officials Committee:

Glen Swant - LSD Jeff Harvey - NCD David Hopper - SOD Marc Nielsen - NOD

This group gave up their personal time to ensure that officiating programs in each region were managed effectively and in unison with one another. This is no easy task with extremely diverse regions spread across Ontario's large geographic area.

This year the committee was able to ensure that courses were offered in all regions at all officiating levels. The Southern Ontario Division (SOD) hosted 6 Level I courses to 87 members; two Level II courses to 29 members, and two Level III courses to 16 members. The National

Capital Division also hosted one Level I course to 22 members and one Level II course for 9

members. This is exciting as the calibre and education of all our officials continued to grow!

The season began in Lake
Placid in the fall with the
annual Technical Delegate FIS
update, which was followed
by divisional updates. Ontario
is lucky to have two of our
own in two important national
roles. **Doug Campbell** is the
Canadian FIS Commissionaire
and **John Lambert** is the
National Officials Chair.
Ontario is well represented
on the national officiating
scene, with John guiding the

National Officials Committee. Doug Campbell represents our Canadian Technical Delegates and ensures we continue to be a well-respected and well-educated group on the international stage.

Ontario is also represented in the FIS TD group with the following nine FIS Technical Delegates

Doug Campbell
Peter Dyson
David Hopper
Brad Lashley
John Lambert
Glen Swant
Marcus Walser

As a group of FIS TDs, we not only officiate FIS level races, but are committed to bringing back what we learn from FIS, NORAM and World Cup events to this province to help develop the next generation of officials. All of our FIS TDs have



been appointed by FIS as Technical Delegates for Nor-Am level races. **Doug, Brad, David**, and **Markus** have also had a World Cup Appointment. This year, I was selected to continue the strong tradition of Ontario FIS Technical Delegates being appointed to World Cup Races. I was the Technical Delegate for the Ladies SL and GS event in Killington at the start of the season. It was a fantastic experience to work at that level and be able to work with FIS pros and gather knowledge and information to being back to my home province.

It is my hope that the tradition of strong Ontario officials at the FIS Technical Delegate program continues, and that we are able to send more of our own to officiate and oversee World Cup races. Ontario has one of our own homegrown officials, Jeff Jones, entering the process to become a Licensed FIS Technical Delegate. Congratulations, Jeff!

I was fortunate to be able, once again this year, to visit some of the many clubs that make up our community and work with some amazing officials. Two of the highlights included visiting the crew at Calabogie for an amazing U16 OCUP Finals, and being the on-hill chair at the Sport Chek U16 National Championships, hosted in the Collingwood area this year. We were able to bring together four ski clubs and execute one National event – not an easy task! All four ROCs deserve praise for the events they executed. I would be remiss if I didn't thank my Co-Chair, Bill Reeves, for bringing together all the off-hill aspects. It was great to co-chair this event with Bill and I hope we have the opportunity to work together in the future to bring even more and bigger events to this province.

On a sadder note the Officials world is still recovering from the sudden loss of two invaluable volunteers in our National Capital Division -

Terry Mclaughlin and Ben Kislich-Lemyre.

The dedication these two men displayed was unmatched and they will be sorely missed in the years ahead and beyond.

See you all on the slopes soon!

ATHLETIC COMMITTEE REPORT

ROBYN SKINNER - AOA COMPETITION DIRECTOR



I'm proud of three athletic undertakings this past year. First, of the new Athletic Committee and all the hard work we've done! Second, of the new U16 High Performance Program – an amazing step forward for athlete development! Third, for our incredible achievements in hosting the 2018 U16 National Championships!

This past season, the AOA Athletic Committee (AOAC), led by Kip Harrington, has laid the groundwork for some collaborative strides for the coming season. Thank you to the AOA Consultants and Division Representatives for their work contributing to the long-term strategy of creating a cohesive vision across the province. Members of the AOAC attended meetings, coached at races, coordinated conferences, facilitated seminars, participated in development projects, and mentored at camps in all four divisions. This group of "on-the-ground",

dedicated individuals bring a wealth of knowledge to AOA and to the ski racing community's future.

The goal of the U16 High Performance Program was, and remains, to bring the best-of-the-best athletes at the U16 level together under common leadership for AOA to strengthen its position and performance at the U16 level at higher level competitions. This program would not have taken place without the leadership of U16 Consultants **Heather Metzger** and **Graeme Buckrell** and AOA's **Duncan Gibson-Maclean**. Thank you to all three.

The program started in March 2017 with the selection of 40 athletes born in 2002 and 2003. The group participated in the following: a dryland mobile APP program with the CSIO; a mentorship program; two team-building weekends (May and September); and 14 days-on-snow in Zermatt last August. Post-program survey results showed many positives, including the fact that 70% of the kids reported they were more active due to the program and 85% of families felt the program was beneficial or very beneficial to their children. Negatives were also recorded, including the overly confusing mobile APP. Overall the program was a success, as the U16 Athletic Report expands upon on page ?. Ontario saw seven podium finishes at the 2018 U16 Nationals compared to zero podium finishes in the 2017 U16 Nationals.

"The 2017 AOA U16 HP Zermatt camp was a game-changer for our daughter. She connected with the coaches, who identified, explained, and provided solutions in such a way that they both engaged her and made her understand what she needed to do and why it needed to be done that way. Ultimately the camp made it clear that at this stage of her skiing career, we need to ensure that she is receiving the highest caliber coaching to help her reach her full potential in this sport." - PARENT



The 2018 U16 National Championships were secured last summer, which meant that AOA & SOD hosted 150 U16 racers (with four pairs of skis each!) and their coaches from March 6th to 10th. Our thank-yous are many, and I apologize to anyone whose name I've missed:

Host ski clubs: Georgian Peaks, Alpine Ski Club, Craigleith Ski Club and Osler Bluff Ski Club

Partners: Helly Hansen, CTRE, Scalar, Project X, PNH, Blundstone, Audi, Mackenzie Investments, World Cup Supply, Nikon, Rossignol, Lange, Dynastar, and Eye in the Sky

U16 Chairs: Pete Dyson "inside the gates" and Bill Reeves "outside the gates"

Heather Metzger: Head Coach, Team Ontario **ACA Staff:** Dusan Grasic, Linsey Ferguson, Cory
Thistlewaite

A0A Staff: Scott, Alex, Kristin, Laura, Duncan, Bronwyn

SOD Staff: SOD Program Manager, Suki Chapman **CAST Racer** Phil Brown for hosting a Q&A with

Team Ontario

AOA Volunteers Eugene Trusler, Ostap Mosiak, Jacques Reid

AOA kids who help with the flags in the opening ceremony parade

CTRE for their unbelievable camerawork in bringing us live feed

This was an event of epic importance to AOA as we seek to bring a Nor-Am race to Ontario. It was also a ton of hard work, but a ton of fun, and it brought back the notion of "volunteering" to our sport. Thanks again to everyone who joined in the fun.

See you on the slopes next season! Robyn



ONTARIO SKI TEAM REPORT

KIP HARRINGTON, OST HEAD COACH AND PROGRAM DIRECTOR

Thank you to the OST coaching staff:

Katie Twible – Women's Head Coach Mike Byrne – Women's Assistant Coach Cam McKenzie – Men's Head Coach Alex Lennox – Men's Assistant Team Coach

OST Performance Highlights:

MEN

Declan McCormack – U19 National SL Champion; selected to the World Junior Championships in Davos, Switzerland; 2018 FIS List #14 National Ranking by Age, 2nd in SL and 3rd in GS. Selected to the 2018-19 CAST Development Team.

Hunter Watson – 2018 FIS List #14 National Ranking by Age, ranked 1st in GS; Bronze medalist U19; numerous FIS wins.

Sam Duff – 2018 FIS List #14 National Ranking by Age, ranked 2nd in SL.

Harry Wood – Gold medal winner, February 8th Blue Mountain FIS SL.

WOMEN

Camryn Metzger – Multiple FIS wins and podiums, strong Nor-Am performance.

Brianna Macdonald – Strong performances at Senior Nationals after long return to snow.

Multiple successful returns to snow (Macdonald, Dymond).

OST Program Challenges:

The team was plagued with many injuries and many return-to-snow programs.

- A team with diverse skill levels, athlete needs, and understanding of the OST mission.
- Lack of speed opportunities in the East.

- Lack of FIS point opportunities for women.
- Too few effective training blocks during the competition period.
- National programming and strategies.

OST Looking Ahead:

Selection Process

- Streamline to improve engagement, team building, and better reflect the OST mission.

On-snow preparation

- Increase to 50-60+ days on snow.
- Increase focus on fundamentals early in preparation .
- Increase frequency of camps with decreased duration.
- Physical conditioning + general preparation
- Stronger relationship with the CSIO earlier start, better programming.
- Injury prevention testing and programming.
- Increase conditioning camps.
- Improve monitoring and education.
- Mental training with Dana Sinclair, Human Performance International.

Competition Period

- Better periodization with winter training blocks and multiple peaks (Nor-Ams).
- Individual athletes and event specific goals.
- Target races to improve FIS points (especially women).
- In-season conditioning program.



SKIWTEAM



BACK ROW (Left to Right)

Coach Mike Byrne, Women's Head Coach Katie Twible, Camryn Metzger (Georgian Peaks),
Gwen Dymond (Osler Bluff), Nicole Clarke (Camp Fortune), Head Coach Kip Harrington, Emily Field (Devil's Elbow),
Camille Vibert (Georgian Peaks), Brianna MacDonald (Osler Bluff),
Coach Alex Lennox, Men's Head Coach Cam McKenzie

FRONT ROW

Alex Duff (Calabogie Peaks), Ben Hanson (Osler Bluff), Jared Burks (Devil's Glen Country Club), Sam Duff (Calabogie Peaks), Hunter Watson (Camp Fortune), Harrison Wood (Georgian Peaks), Jake Mealey (Georgian Peaks)









U19 ATHLETIC CONSULTANT REPORT

JOEY LAVIGNE - AOA U19 CONSULTANT

First, a thank-you to the staff of AOA for assisting with and bringing to fruition many of the activities associated with the U19 age group this past year.

This age group is somewhat less complicated than the younger groups, and the management of it does not include the aspect of the Ontario Ski Team (OST). That said, many of the directions and initiatives we implemented and look toward do overlap and impact on the OST and the entire sport in general.

The U19 age group continues to be somewhat evasive for many within our ski community. It is really the step after the U16 age category and holds many mysteries for most parents and young athletes. This reality comes to roost as we look at declining enrolment in the FIS level and the struggle for identity in the ENL level (provincial or regional) U18 circuits. Our discussion at the Athletic Committee level on Growth and Retention continues and will remain high on our list of things we discuss as a group.

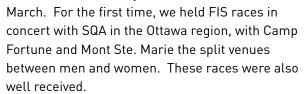
U19 Program Outline:

- Role was specifically the FIS level (minus OST program), which included discussions and cooperation with SOD, NCD, LSDA and the NSA.
 We also had some dealings with US academies.
- Design the ON Regional FIS calendar find suitable sites, considering both SQA and USA calendars.
- Continue the discussion and collection of ideas regarding the issue of "Growth and Retention".

U19 Highlights:

A successful FIS calendar with great **Anne Heggveit Cup** races in Mount St. Louis Moonstone with a strong SQA and USA participation. The

two blocks of FIS starts held in Collingwood were equally successful in February and



ON experienced problems with its FIS quota in the Quebec Super Series events. This was not foreseen, and as a result presented the U19 regional programs with a real problem, leading to discussions and agreements on how to identify and select athletes for these limited spots in the selected Super Series events. One positive outcome for the SOD athletes was the option to enter Western races, which included more speed. This situation brought the regional coaches together in discussions that I think have been very beneficial, focusing on the role of the development programs and the clubs; how we manage the younger athletes; what we should be focusing on as coaches and in programs; etc. Very healthy discussions.

In looking closely at the role of the ON FIS races, we see how important it really is within the entire athlete development system in the East. There are many athletes from both USA and QC that have ON events in their FIS profiles counting as some of their best races of the season. As such, the continued development of the FIS events in ON is crucial.



U16 ATHLETIC CONSULTANT REPORT

HEATHER METZGER & GRAEME BUCKRELL, AOA U16 CONSULTANTS

The season was full of exciting events and provided many opportunities for Ontario athletes to develop and challenge themselves. We had many successes as a province at all levels.

The calendar provided some challenges as certain events were not under AOA's scheduling control, including U16 Nationals and the selection of the ACA International project. These events created some difficulties in balancing the timing, resulting in stacked events held closely together and even some overlapping. It will continue to be a priority for this age group to balance events/training and scheduling with academic considerations, while continuing to align with the LTAD. Ontario is disadvantaged in many ways with our short, very condensed season – we need to do in three to four months what other provinces have five to six months to do.

U16 Program Outline:

- To create the U16 OCUP Schedule.
- To create the selection criteria for qualifying for subsequent events.
- To participate in the Growth and Retention discussions.
- To introduce block racing for the two provincial series, Mid Winters and OCUP Finals, with the intent to bring all athletes together and to prepare for FIS racing format. These events also provide a mechanism for Provincial selection to major events.
- To extend the season for more athletes by scheduling the OCUP Finals as late as possible (Calabogie, March 24-28).
- To tier spring racing opportunities (Finals, Can-Ams, France, Whistler Cup) to allow more athletes to have access to major events.
- To create a European race project that came to be: Barcelonnette, France; March 19-29; eight athletes.



with a three-day prep camp.



- To oversee and lead the U16 High Performance Program.

U16 Highlights:

U16 National Championships, March 6-10th, Collingwood. This event was a tremendous success, and we are indebted to the tireless work of **Bill Reeves** and **Peter Dyson**, our "outsideand inside-the-nets" Event Chairs. The AOA staff was also an integral part of bringing everything together, along with the ROCs at each host club. Ontario athlete results were encouraging and showed improvement from the 2017 event. We have identified some areas that we need to focus on to further develop strong skiing fundamentals, creating a more balanced and stable athlete with improved consistency and rate of finish.

	2018		2017	
	w	М	w	М
1st	2	0	0	0
Podium	2	5	0	0
Top 10	9	14	12	4
Top 20	20	29	21	18

ACA Europe Project, March 7-17th, Barcelonnette, France.

AOA sent eight athletes (2M/2F 2001, 2M/2F 2002) to race in France. This project was supported by the NZ Foundation and by the





Goodman family. The team was led by **Andy Holba** and **Bebe Zoricic** with in-person support
from **Russell** and **Sarah Goodman**. The event
was spectacular, with excellent weather and
conditions, and provided an epic experience to the
athletes and coaches. Athletes achieved excellent
results, including six medals, 1GS, 3SL, 2B and 18
top-10 finishes in four events!

OCUP FINALS, March 19-24th, Calabogie Peaks

This was another excellent-quality event including stellar conditions and very well run/ organized races. The decision to schedule this after March break extended the season for as many athletes as possible; we know that training attendance falls off dramatically once races end.

U16 CAN AM, April 2- 5th, Mont Tremblant

We were very fortunate with the winter-like conditions again for this event; the ROC was proactive in adjusting the schedule to ensure that all events could be run with fair and safe conditions. Ontario had some exceptional individual performances and provided

forward should be on
fundamentals to improve
balance and stability, resulting
in improved consistency.
Congrats to our overall
winners, Tessa Foote/NSA 1st, Claire Macdonell/
GP 3rd, and Griffin Hanson/Osler 8th. We placed
11 athletes in the top 10, which is the exact same
result as 2017.

WHISTLER CUP, April 12- 15, Whistler, B.C.

Ontario sent two athletes with ACA Team Canada, Mackenzie Wood and Ashley Campbell of Georgian Peaks. The athletes were selected by ACA from the U16 Nationals. The athletes spent three days training, team building, and participating in athletic information sessions, followed by four days of racing. Conditions were somewhat challenging, with varying visibility and soft conditions. Mack Wood achieved two top-10 results with 9th in GS and 9th in SL (the top Canadian results). Unfortunately Ashley Campbell suffered a concussion in the GS and was unable to race other events.

U14 ATHLETIC CONSULTANT REPORT

JACQUES REID - AOA U14 CONSULTANT

We jokingly call the U14 circuit "The Mini-World Cup", and I can agree with this in both a good way and a bad way. I love the intensity and passion I see out there but I fear we are overcomplicating our sport and getting away from FUN and love of the sport.

Rules and selections should not dominate the development of U14s in Ontario. They do, however, need to be there to help us make proper decisions when running races and selecting athletes for various events. Simple and understandable guidelines need to be in place at U14 in order to allow for continuous skill development and enjoyment of our sport.

U14 Program Outline:

- To focus on the U14 marquee events including Mid Winters, OCUP Finals, and Can-Ams – and to manage the selection process with SOD/AOA staff along the way.
- To design the ON U14 OCUP calendar with all four divisions in mind.
- To continue the discussion and collection of ideas regarding Growth and Retention.

U14 Highlights:

Mid Winters – this concept introduced block racing, as suggested at the 2017 spring athletic meetings, and I believe it was a positive change for NOD, NCD, and LSDA, who travelled to attend and compete at these races in SOD.

OCUP Finals took place at Searchmont, March 13-17. The event was well organized and included a free ski day on the race hill prior to the event. 180 participants competed in SG/GS/SL/Dual. The Dual was exciting but short. We need to ensure the course setting matches the goal of the event.

Can-Ams took place at Sugarloaf, ME, March 28–Apr 1 and included SG/GS/SL, with adverse weather cancelling the skills day. The coaching staff worked hard to implement a Team Ontario concept with a mandatory two-day training camp prior to competition. They also introduced a Teammate values contract, as presented to AOA Coaches by John O'Sullivan, founder and CEO of Changing the Game. The Team Values

concept included a jersey and Legends T-shirt for the

award of the day, recognizing positivity, teamwork, hard work, etc. I was happy to see six athletes in the top 10s but not so happy to see Quebec outshine our team in the final day's Slalom! (I am from Quebec, thus my sensitivity here!)

Selection Challenges remain within SOD for U14s. Selections based on Mid Winter Series & SOD OCUP races used a single-runs and combined-results data spreadsheet on a 500-point system. These points were updated twice during the season on the AOA website, and my observation is that that the spreadsheet needs to be managed by SOD and be more transparent to both parents and coaches. Our goal in selections was to be fair and to give each skier as many opportunities as possible to score points. However this made it quite complicated for parents to understand. I worry this selection "drama" trickles down to the athlete level and becomes an example of "not-so-fun". It would be in our best interest to simplify this system without dramatically changing how we score points and use them for qualification purposes.

Race Format continues to be an issue, with random vs. reverse-start order and single-run vs. combined-runs result. Discussion will continue on these two topics at the Athletic Committee level and among the U14 Coaches throughout the province. I continue to ask, "What is our goal at the U14 level?"

Skill Observation: The U14 athletes have good skills in the gates and on straightforward terrain, but there is much room for improvement, and I'd like to see the fundamentals "ingrained in the young athletes". Of course, let's also take a look at Slalom training and preparation in Ontario.



PARA ALPINE REPORT

GWEN BINSFELD - AOA PARA CHAIR

This season was a landmark year for Ontario Para Alpine with significant integration with Alpine Ontario Alpin (AOA).

The changes included full representation for Para on the newly formed AOA Athletic Committee (AOAC), inclusion in the AOA monthly club calls, and a greater presence on both the AOA website

and in the e-newsletter, Raceline. I'm personally excited about the Ontario government grant of \$22,000, which facilitated PHASE I Project to educate and train clubs and coaches to facilitate this paraintegration.



The program included eight athletes serviced by the provincial team:

- Two A team athletes: **Sarah Gillies**, Mansfield Ski Club, in the
 U16 OCUP series and **Alexandra Marta**, Ottawa skier training at Winter Park,
 Colorado.
- Two Development team athletes: Brian Rowland, Calabogie, integrated to U16 program and Rod Crane with the Craigleith Masters group.
- Four Junior athletes: Ben Harris, Craigleith U16 program; Euan Hanson, Osler Bluff U16 program; Abbey VanDuzer, Craigleith U14 program; and Rebecca Mideros, Mount St. Louis Moonstone (U14).



The Ontario Para training camps started in November at Sunshine and Norquay, followed by classification and WPAS in Panorama, BC. An ACA January training camp took place in Kimberley,

BC, inviting five AOA para athletes: Sarah Gillies, Rod Crane, Brian Rowland, Rebecca Mideros, and Abbey VanDuzer. Carving the Future, again facilitated by ACA, took place at all clubs hosting para races in January.

The Ontario Winter Games, hosted in Orillia (Blue Mountain Resort/ Craigleith) was the only para race in Eastern Canada this season. All of the Ontario athletes participated. Craigleith hosted a "Give it a Go"

opportunity in February, where 20 paraplegics came out to sit-ski. This is an annual recruiting effort that has served us well for talent ID. All adopted program participants were invited to an entry level event in February and the Festival in Mont Ste. Anne, Quebec.

Nationals were held in Mammoth, California in March, where only two of our athletes competed, even though all had qualified. Ontario Para Team member Sarah Gillies did extremely well, getting to the podium in SL and just missing it by 1/100 of a second in GS. This is especially impressive, as Sarah beat out most of the athletes who recently competed at Pyeongchang. In addition to her para entries since age 9, Sarah has trained and raced with her local able-bodied team at Mansfield, right up until OCUP U16 this season. Many able-bodied competitors had not realized that Sarah is a leg amp who has been skiing on a prosthetic leg throughout her race career. At OCUP finals at Calabogie this year, Sarah was recognized as an exceptional athlete, racing in the able-bodied system.

Training Camp at Sunshine in April was a better fit for the LTSD for remaining athletes.

SKI CROSS REPORT

BENNETT CARTER - AOA SX CONSULTANT

There were so many reasons to smile about ski racing, and particularly SX, in Ontario during 2018! We were skiing in December, and continued well past Easter into late April.



Calabogie Peaks was able to build a track in December and host a very successful development camp for builders, officials, and coaches from December 11th to the 17th! Then, later in the season, they hosted a Nor-Am Cup race! Races were held all over the province: Ontario Winter Games had a SX competition and Sir Sam's hosted an FIS race.

Everyone involved in ski racing wants to see kids having fun and to help them improve and attain success. We are so lucky in Ontario to have passionate coaches, enthusiastic and dedicated athletes, and supportive parents working together to ensure all involved reach their ski racing goals. By incorporating terrain into the race calendar, and thereby training on terrain to prepare for events, AOA is leading the way for athletes to reach their maximum potential. We're constantly challenging them to be versatile and to adapt to terrain changes.

AOA's five-year plan – starting with integrating terrain/SX as a discipline in SOD U12 in 2018 – is to work towards having athletes province-wide competing at the U16 level by 2022. There were three SOD Cup terrain races hosted by Alpine and Craigleith, and terrain was incorporated into the U12 Mastermind Invitational GS race at Devil's Glen. Development camps were hosted by Horseshoe Valley and Beaver Valley.

At a planning session in the fall of 2017, it was agreed that in the trial year, terrain would be

incorporated into the alpine calendar by replacing "Kombi" races. After many discussions and strategy meetings, and the success of the terrain races this past season, the possibility exists to incorporate terrain into GS and SL races in year two of the five-year plan. Stay tuned for more news and announcements about the 2019 calendar.

Terrain (rollers) has opened the minds of coaches to possibilities of training environments and of athletes to enjoy the challenge and experience a new dimension on a familiar hill. 2018/19 will provide more training opportunities for coaches and officials and athletes, so that they can train and participate in events with confidence in their abilities and safety. We are looking forward to making terrain training part of everyone's yearlong program to prepare for events.

On the world stage, Canada remains a SX powerhouse, bringing home Olympic medals from Pyeongchang, finishing third in the WC overall category in both genders, and being crowned champions of the Nations Cup! Collingwood is excited to be hosting the return of the World Cup SX race this January at Blue Mountain Resort. Let's do our part as ski racers and get ready to support our Canadian athletes – coming out January 26 to cheer them on as we would at a home race!

Thanks for a great season and, as always, looking forward to the next!

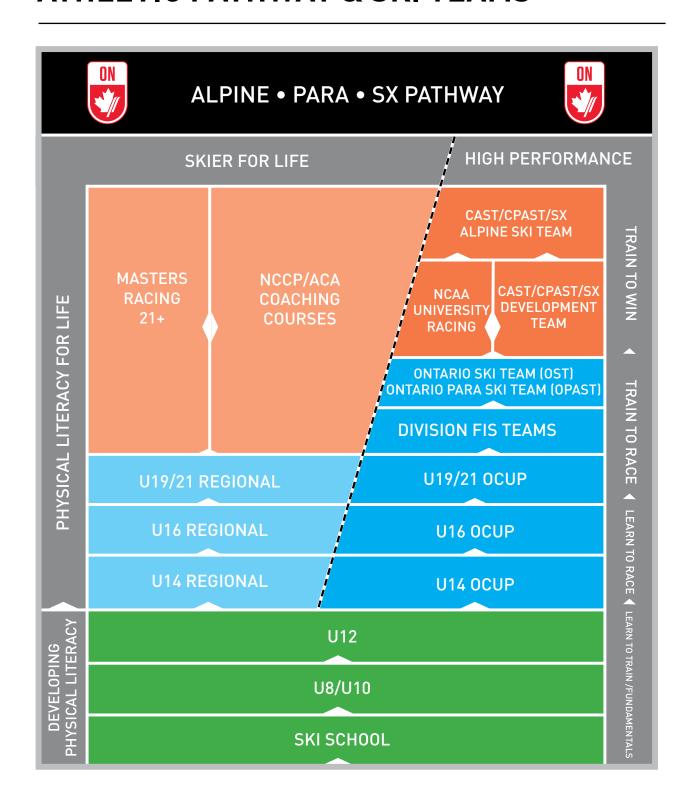








ATHLETIC PATHWAY & SKI TEAMS



ONTARIO ATHLETES ON THE CANADIAN ALPINE SKI TEAM



PHIL BROWN. PHOTO GEPA



CANDICE CRAWFORD. PHOTO STEVE HILTS



MAC MARCOUX & GUIDE JACK LEITCH PHOTO ALPINE CANADA / GEPA



KEVIN DRURY

Erin Mielzinski

(1990) Georgian Peaks Ski Club, Collingwood – ACA Athlete of the Year

Candace Crawford

(1994) Georgian Peaks Ski Club, Toronto

Roni Remme

(1996) Alpine Ski Club, Collingwood

- Overall Nor-Am Title of the Year & AOA Sr. Athlete of the Year

Ali Nullmeyer

(1998) Georgian Peaks Ski Club, Toronto

Phil Brown

(1991) Craigleith Ski Club, Collingwood

Jack Crawford

(1997) Georgian Peaks Ski Club, Toronto

Morgan Megarry

(1993) Craigleith Ski Club, Collingwood

PARA-ALPINE SKI TEAM

Erin Latimer

(1996) Craigleith Ski Club, Toronto

Mac Marcoux

(1997) Searchmont Ski Runners, Sault Ste. Marie

SKI-CROSS TEAM

Dave Duncan

(1982) National Ski Academy, London

Kevin Drury

(1988) Georgian Peaks Ski Club, Toronto

- Currently ranked 3rd on World Cup

Kris Mahler

(1995) Craigleith Ski Club, Markham

Kevin Macdonald

(1993) Milton Heights Racing Club & ABSX, Mississauga



AOA MEMBERS RACING IN CANADIAN UNIVERSITY ALPINE PROGRAMS

UNIVERSITY OF BRITISH COLUMBIA

DK Belisle

Jen Boughner

Samantha Boughner

Julia Brown

Ryan Chiricosta

Sandra Gerlich

Katherine Greer

Lauren Hale

Cameron Hale

Grace Melchers

Michele Warner

Maija Wootton

McGILL UNVERSITY

Will Stone

Zarchary Mayne

Jack Norton

Griffin Copp

Cole Rosenberg

Bryn Woolstencroft

Cameron Dymond

Charmichael Norton

Taylor Davies

Haley Rusheleau

Abby Thomas

UNIVERSITY OF OTTAWA

Daphne Stone

CARLETON UNIVERSITY

Hannah Schmidt Lindsay Marler

AOA MEMBERS RACING IN NCAA UNIVERSITY ALPINE PROGRAMS

BABSON COLLEGE

Tatum Alkier

BOSTON COLLEGE

Aaron Taylor

John Austin Kennedy

COLORADO UNIVERSITY

Joey Young

DARTMOUTH

Stephanie Currie Meg Currie

MIDDLEBURY COLLEGE

Justin Alkier Jackie Atkins

Caroline Bartlett

PLYMOUTH STATE UNIVERSITY

Jonny Kellock Karl Kuus

ST. LAWRENCE

Carter Armstrong Anjelika Nella Tarrah Price Alexandra Price

UNIVERSITY OF NEW HAMPSHIRE

Emma Woodhouse Will McConville Corey McConville

UNIVERSITY OF VERMONT

Darquise Denis Madison Irwin Patrick McConville

WESTMINSTER COLLEGE

Devon Clarke



U19/21 (FIS) HIGH PERFORMANCE

SOUTHERN ONTARIO SKI TEAM (SODST)

WOMEN'S TEAM

Madelyne Bolton – Beaver Valley Ski Club
Anna Carruthers – Devil's Glen Country Club
Elizabeth Filiatrault – Devil's Glen Country Club
Bella Gigone – Georgian Peaks Ski Club
Amy Kress – Georgian Peaks Ski Club
Jessica Popadich – Craigleith Ski Club
Charlotte Smee – Devil's Glen Country Club
Chelsea Stewart – Osler Bluff Ski Club
Emma Williamson – Alpine Ski Club



MEN'S TEAM

Aidan Bogner - Craigleith Ski Club Moses Brajkovich - Caledon Ski Club Wyatt Currie - Devil's Glen Country Club Campbell Gardiner - Osler Bluff Ski Club Austin Gust - Craigleith Ski Club Michael Jaques - Osler Bluff Ski Club Will King - Craigleith Ski Club Noah Levine - Milton Heights Racing Club Ethan Machej - Craigleith Ski Club Callum McCormack - Osler Bluff Ski Club Matti Metzger - Georgian Peaks Ski Club Cullen Nissen - Georgian Peaks Ski Club Michael Pedlar - Craigleith Ski Club Ben Smegal - Craigleith Ski Club Zach Temertzoglou - Georgian Peaks Ski Club Luka Veljovic - Craigleith Ski Club Evan Ward - Osler Bluff Ski Club Ben Williamson - Alpine Ski Club

NATIONAL CAPITAL DIVISION (NCO TEAM)

U16 ATHLETES

Spencer Watson - Camp Fortune
Hugo Brisebois - Camp Fortune
Noah Kasdorf - Camp Fortune
Rhode Quirk - Camp Fortune
Kaiden Villeneuve - Camp Fortune

FIS ATHLETES

Keirsten Harvey - Camp Fortune
Gabrielle Rutter - Camp Fortune
James Elmgren - Camp Fortune
Jesse Holland - Camp Fortune
Nicholas Labrecque - Camp Fortune
Kobe Villeneuve - Camp Fortune

U16 A0A HIGH PERFORMANCE PROGRAMS

PROJECT 1

ALPINE CANADA RISING STARS CAMP

Panorama, BC, December 2017

AOA Lead Coach Andy Holba

Athlete selection based on final 2017 OCUP standings and year of birth.

- 1. Sydney Basil Alpine Ski Club
- 2. Ashley Campbell Georgian Peaks Ski Club
- 3. Annie Deeks Craigleith Ski Club
- **4. Lauren Hunter** Georgian Peaks Ski Club (unable to attend)
- 5. Elizabeth Sullivan Alpine Ski Club

- 1. Kyle Blandford Toronto Ski Club
- 2. Griffen Hanson Osler Bluff Ski Club (unable to attend)
- 3. Zach Hyland Craigleith Ski Club
- 4. Oleksa Mojsiak Georgian Peaks Ski Club
- 5. Mackenzie Wood Georgian Peaks Ski Club

PROJECT 2

2018 SPORT CHEK U16 NATIONAL CHAMPIONSHIPS

Collingwood, ON March 6-10th

AOA Head Coach Heather Metzger

Athlete selections based on the OCUP Mid-Season Series.

- 1. Amelie Alkier Georgian Peaks Ski Club*
- 2. Ashley Campbell Georgian Peaks Ski Club
- 3. Sydney Basil Alpine Ski Club*
- 4. Lauren Brackett National Ski Academy
- 5. Samantha Brooks Caledon Ski Club
- 6. Cassidy Brooks Caledon Ski Club
- 7. Annie Deeks Craigleith Ski Club
- 8. Gabby Eastwood Georgian Peaks Ski Club*
- 9. Nikki Finoro National Ski Academy
- 10. Tessa Foote National Ski Academy
- 11. Emma Gosselin Osler Bluff Ski Club*
- 12. Sarah Graham Georgian Peaks Ski Club*
- 13. Gillian Hamilton Camp Fortune Ski Club/NCD
- 14. Lauren Hunter Georgian Peaks Ski Club
- 15. Cadence Kiss Alpine Ski Club*
- 16. Claire Macdonell Georgian Peaks Ski Club
- 17. Frances Macgregor Norwesters Alpine Club/LSDA*
- 18. Emma Reid Devil's Glen Country Club
- 19. Penny Robinson Thunder Bay Fast/LSDA (Declined the selection)
- **20. Elizabeth Sullivan** Alpine Ski Club (Injury status, will not compete)
- 21. Spencer Watson Camp Fortune Ski Club

- 1. Kyle Blandford Toronto Ski Club*
- 2. Christopher Burnes Craigleith Ski Club
- 3. George Cantoni Georgian Peaks Ski Club
- 4. Brian Donnelly Craigleith Ski Club*
- 5. Leandre Duhamel Camp Fortune Ski Club/NCD
- 6. James Gatcliffe Georgian Peaks Ski Club*
- 7. Dylan Gust Craigleith Ski Club
- 8. Griffen Hanson Osler Bluff Ski Club*
- 9. Liam Hickey Craigleith Ski Club*
- 10. Zach Hyland Craigleith Ski Club
- 11. Reid Kappele Craigleith Ski Club
- 12. Matthew Kendall Caledon Ski Club*
- 13. Noah Kasdorf Camp Fortune Ski Club/NCD
- 14. Oleksa Mojsiak Georgian Peaks Ski Club
- 15. Benjamin Neylan National Ski Academy
- 16. Ellis Reid Craigleith Ski Club*
- 17. Jeffrey Skinner Georgian Peaks Ski Club
- 18. Ryan Turnball Craigleith Ski Club*
- 19. Aleksas Valadka Georgian Peaks Ski Club*
- 20. Aidan Walters Georgian Peaks Ski Club*
- 21. Mackenzie Wood Georgian Peaks Ski Club*







PHOTO CREDIT: HERMAN KOESLAG

PROJECT 3

OCUP FINALS

Calabogie Ski Racing Club, March 24-28

OCUP Series overall point winners:

- 1. Campbell Ashley* Georgian Peaks
- 2. Foote Tessa National Ski Academy
- 3. Brooks Cassidy Caledon
- 4. Deeks Annie Craigleith
- 5. Brooks Samantha Caledon
- 6. Sullivan Elizabeth Alpine Ski Club
- 7. Hunter Lauren Georgian Peaks
- 8. Hamilton Gillian Camp Fortune
- 9. Macgregor Frances National Ski Academy
- 10.Basil Sydney Alpine Ski Club



*Congratulations to the overall OCUP Provincial Champions Ashley & Griffen!

- 1. Hanson Griffen* Osler
- 2. Hyland Zach Craigleith
- 3. Wood Mackenzie Georgian Peaks
- 4. Walters Aidan Georgian Peaks
- 5. Kasdorf Noah Camp Fortune
- 6. Hickey Liam Craigleith
- 7. Neylan Benjamin National Ski Academy
- 8. Mojsiak Oleksa Georgian Peaks
- 9. Cantoni George Georgian Peaks
- 10.Blandford Kyle Toronto Ski Club



PROJECT 4

TEAM ONTARIO - U16 Can-Am

Mont Tremblant, Quebec, April 2-5th

Athlete selection based upon both OCUP Mid-winters & OCUP Finals.



- 1. Alkier Amelie Georgian Peaks Ski Club
- 2. Basil Sydney Alpine Ski Club
- 3. Brackett Lauren National Ski Academy
- 4. Brooks Cassidy Caledon Ski Club
- 5. Brooks Samantha Caledon Ski Club
- 6. Eastwood Gabby Georgian Peaks Ski Club
- 7. Finoro Nikki National Ski Academy
- **8. Foote Tessa** National Ski Academy
- 9. Hamilton Gillian Camp Fortune Ski Club
- 10. Huneault Danielle Adanac Ski Club
- 11. Kiss Cadence Alpine Ski Club
- 12. Macdonell Claire Georgian Peaks Ski Club
- 13. Macgregor Frances Norwesters Alpine Ski Club
- 14. Michelis Julia Camp Fortune Ski Club
- **15. Miller Andie** National Ski Academy
- 16. More Hattie Osler Bluff Ski Club
- 17. Priest Zoe Mansfield Ski Club
- 18. Reid Emma Devil's Glen Country Club
- 19. Robinson Penny Thunder Bay Franco Alpine Ski Team
- 20. Schreider Tess Camp Fortune Ski Club
- 21. Stock Lindsay Osler Bluff Ski Club
- 22. Watson Spencer Camp Fortune Ski Club
- 23. Wilkes Erin Osler Bluff Ski Club

- 1. Beauchamp Mathieu Searchmont Ski Runners
- 2. Burnes Christopher Craigleith Ski Club
- 3. Cantoni George Georgian Peaks
- 4. Deslauriers Antoine Camp Fortune Ski Club
- 5. Doman Robert Osler Bluff Ski Club
- **6. Duhamel Leandre** Camp Fortune Ski Club
- 7. Gatcliffe James Georgian Peaks
- 8. Gust Dylan Craigleith Ski Club
- 9. Hanson Griffen Osler Bluff Ski Club
- 10. Hickey Liam Craigleith Ski Club
- 11. Kappele Reid Craigleith Ski Club
- 12. Kasdorf Noah Camp Fortune Ski Club
- 13. Keller Maximus Craigleith Ski Club
- 14. Kendall Matthew Caledon Ski Club
- 15. Lossius Anders Osler Bluff Ski Club
- 16. Nella Aidan Georgian Peaks Ski Club
- 17. Neylan Benjamin National Ski Academy
- 18. Reid Ellis Craigleith Ski Club
- 19. Skinner Jeffrey Georgian Peaks Ski Club
- 20. Turnbull Ryan Craigleith Ski Club
- 21. Visser Joshua Alpine Ski Club
- 22. Waugh Duncan Beaver Valley Ski Club
- 23. Walters Aidan Georgian Peaks Ski Club



PROJECT 5

TEAM ONTARIO WHISTLER CUP

AOA Attending Coach Louis Florjancic, Georgian Peaks Ski Club

Athlete selection based on the U16 National Championships

Ashley Campbell – Georgian Peaks Ski Club 4th overall at the U16 National Championships

Mackenzie Wood – Georgian Peaks Ski Club 3rd overall at the U16 National Championships



PROJECT 6

ALPINE CANADA

Barcelonnette, France, March 19-29

AOA Coaches Andy Holba and Bebe Zoricic

Athlete selection based on U16 National Championships Finals.

- 1. Lauren Hunter Georgian Peaks Ski Club
- 2. Annie Deeks Craigleith Ski Club
- 3. Emma Gosselin Osler Bluff Ski Club
- 4. Sarah Graham Georgian Peaks Ski Club
- 1. Zach Hyland Craigleith Ski Club
- 2. Oleksa Mojsiak Georgian Peaks Ski Club
- 3. Aleksas Valadka Georgian Peaks Ski Club
- 4. Kyle Blandford Toronto Ski Club

U14 A0A HIGH PERFORMANCE PROGRAMS



MACKENZIE INVESTMENTS U14 OCUP FINALS

Sault Ste. Marie, Searchmont Ski Runners

PROVINCIAL OCUP WINNERS:

Andreea Nicolici – Camp Fortune Ski Club Nicholas Pilla – Craigleith Ski Club

TOP 10 OCUP SERIES OVERALL POINT WINNERS



Congratulations to Andreea Nicolici & Nic Pilla for winning the OCUP Finals Cup!

- 1. Van Strien Maxine National Ski Academy
- 2. Sewell Lily National Ski Academy
- 3. Noakes Alexis Georgian Peaks Ski Club
- **4. Byers Abbygail** Devil's Glen Country Club
- 5. Nicolici Andreea Camp Fortune Ski Club
- **6. Denomme Abigail** National Ski Academy
- 7. Craig Karina Craigleith Ski Club
- 8. Podivinsky Olivia Georgian Peaks Ski Club
- 9. Harvey Marisol Glacier Ski Club
- 10. Hillier Kyra Osler Bluff Ski Club

- 1. Pilla Nicholas Craigleith Ski Club
- 2. Weingust Ben Craigleith Ski Club
- 3. Rodrigues Andrew Devil's Glen Country Club
- 4. Murphy Max Craigleith Ski Club
- 5. Stryjnik Tristan Craigleith Ski Club
- 6. Davidson Jacob Georgian Peaks Ski Club
- 7. Hayes Calum Toronto Ski Club
- 8. Kiss Tanner Alpine Ski Club
- 9. Farnsworth Owen Georgian Peaks Ski Club
- 10. Armstrong Duncan Georgian Peaks Ski Club

U14 Can-Am

Sugarloaf, Maine, March 28-Apr 1

AOA Head Coach Jacques Reid

Athletes selection based on OCUP Mid-winters & OCUP Finals.



- 1. Byers Abbygail Devil's Glen Country Club
- 2. Clark Elli Toronto Ski Club
- 3. Craig Karina Craigleith Ski Club
- **4. Denomme Abigail** National Ski Academy
- 5. Donnelly Madison Craigleith Ski Club
- 6. Fry Kathryn Devil's Glen Country Club
- 7. Harvey Marisol Glacier Ski Club
- 8. Macgregor Kate Georgian Peaks Ski Club
- 9. Nicolici Andreea Camp Fortune Ski Club
- 10. Noakes Alexis Georgian Peaks Ski Club
- **11. Olsen Natasha** Craigleith Ski Club
- **12. Podivinsky Olivia** Georgian Peaks Ski Club
- 13. Robertson Caroline Georgian Peaks Ski Club
- 14. Sewell Lily National Ski Academy
- **15. Van Strien Maxine** National Ski Academy

- 1. Armstrong Duncan Georgian Peaks Ski Club
- 2. Bartholomew Colton Devil's Glen Country Club
- 3. Brackett John Craigleith Ski Club
- 4. Cavers Dax Craigleith Ski Club
- 5. Davidson Jacob Georgian Peaks Ski Club
- 6. Farnsworth Owen Georgian Peaks Ski Club
- 7. Hayes Calum Toronto Ski Club
- 8. Johnston Sage Glacier Ski Club
- 9. Kiss Tanner Alpine Ski Club
- 10. Mojsiak Julian Georgian Peaks Ski Club
- 11. Pilla Nicholas Craigleith Ski Club
- 12. Rodrigues Andrew Devil's Glen Country Club
- 13. Stryjnik Tristan Craigleith Ski Club
- 14. Thompson Breydon Craigleith Ski Club
- 15. Weingust Ben Craigleith Ski Club





PREMIER PARTNERS

















PROUD PARTNERS













