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# LATEST NEWS



## **ONTARIO SKI TEAM WOMEN'S UPDATE**

Head Coach of the Ontario Woman's Ski Team, Cam Stephen wrote a update of the ladies from Chile saying; "The Ontario Ski Team women have had a fabulous summer of training both on and off the snow. Elli and Gabby have worked incredibly hard in the gym with Rob and the ALC staff and have developed an exceptional level of fitness that has prepared us really well for our summer skiing in Chile. The OSTW have had 2 fabulous camps in Chile at EL Colorado and Corralco where the girls have continued to improve and excel everyday. We have been really fortunate to have partnered with other women's provincial teams, our Ontario Development Ski Team, and Ontario Ski Team Men, and some really cool opportunities recently with World Cup Teams. The team will return home and have another 4 week strength and conditioning block at Active Life and will start the northern hemisphere season in early November at Nakiska". We wish the women's team all the best in their next month of training!



#### **ONTARIO SKI TEAM MEN'S UPDATE**

Cam McKenzie, Head Coach of the Men's Ontario Ski Team, gave an update on their season so far; "It has truly been a pleasure to work with the Ontario Ski Team Men during our prep period for the coming season. It's a small, young and motivated group with a energizing mix of experience and wide-eyed optimism. Kyle, Jayden, and Colton have been diligent and thorough with their work through the summer months of S&C programming at Active Life Conditioning and took advantage of prime training conditions in South America. We'll continue to build on the momentum of two productive prep projects as we transition to North American slopes in November. I'm most excited to put the poles over the wand and get back to competition. These boys are ready". We can't wait to see the improvements these Men make this season and wish them all the best!



## JOIN US FOR OUR ACA FUNDRAISER

You are invited to be among an exclusive group of guests for a special dinner event, presentation, and conversation with some of Canada's ski team alumni!

100% of the proceeds from the event will go directly to the women and men of the Canadian Alpine Ski Team.

DATE: November 18th @ 6pm

LOCATION: Georgian Peaks Ski Club

SIGN UP FOR ACA FUNDRAISER







## **ALPINE ONTARIO - COACH CONFERENCE 2023**

Get ready to be inspired for another ski season with a great lineup of speakers at the 2023 Coach Conference. Get the latest industry knowledge, practices, and equipment first hand! This FREE Session brought to you by Alpine Ontario, and you receive 4ED and 1RM credits.

Don't miss this opportunity to gain valuable insights and connect with the Ontario coach community.

Ontario - AOA Coaches Conference Agenda

Date: Saturday, October 28

Venue: Blue Mountain Village Conference Centre, Petun Room

Event Schedule: 9:00 AM - 4:00 PM (Registration Opens @8:30)

Join us for a day filled with knowledge, networking, and inspiration. Let's work together to build successful ski racers and strengthen our coaching community!

Click the link below to register for this amazing event!

**REGISTER NOW** 

#### ONTARIO WINTER GAMES SURVEY

The Ontario Winter Games is coming! And we want to hear from you! If you are a U14 or U16 athlete

and are interested please take the survey.

Note: This event is open to Division, SCUP and OCUP athletes and is a separate event from the OCUP Finals. For more information about the Games go to (Ontario Winter Games Website -Linked below)



TAKE THE SURVEY HERE

#### **ONTARIO WINTER GAMES WEBSITE**

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A big congratulations are in order for Rachel Topping! Alongside Cam McKenzie, Rachel has received an award on behalf of the 2023 Canadian Ski Racing Awards for the Provincial Teams - Coach of The Year! Executive Director, Patrick Biggs says; "We're extremely proud of Rachel, and to see her efforts and successes be recognized with this award by ACA. Rachel brings an extraordinary work ethic, and a determined commitment to her athletes both on and off the hill. Her creative approach to her work and persistence have greatly served her team over the past year and a half with AOA. Let's share in congratulating Rachel on a great season, and to her future success in coaching."

Congratulations Rachel! To see the rest of the award winners for the 2023 Canadian Ski Racing Awards click the link below

#### **2023 CANADIAN SKI RACING AWARDS**



AOA 2023-2028 STRATEGIC PLAN

Ski Racing has deep roots in Ontario. Here at AOA, we are proud of the role we play in advancing our beloved sport that is dear to our passionate community and engaged stakeholders. As an organization, we recognize and embrace the need to evolve and transform. As we navigate and promote changing societal views and norms, along with world-changing events such as the Covid 19 pandemic and rapid climate change, we are committed to constant reflection and assessment, to better understand the ongoing challenges and needs of our membership community.

To better appreciate the current perceptions and understanding of our organization, Alpine Ontario Alpin embarked upon an 18 month journey, listening to and collecting information from stakeholders across the province that has led us to the development of our 5-year strategic plan.

The vision of a thriving ski community for all: ONTARIO UNITED, can only be possible through steadfast engagement of our plan by all Alpine Ontario Alpin stakeholders. From U8 to U21 athletes, entry to performance level coaches, fundraising to gate keeping volunteers, and safe sport to technical delegate officials; it will require a community effort to inspire and drive the advancement and success of ski racing in Ontario.

As we look forward to the 23/24 season ahead, we are excited to be investing back into the organization and community again, strategically bolstering the composition of the working team, which will enable AOA to enhance the delivery of our

responsibilities and strategic priorities:

Organizational excellence - commitment to excellence in governance, financials and operations

Athletic Development - A trusted growth and development pathway that delivers value and performance success

Coaches and Officials - AOA supporting coach and officials development across the province Inspired

Community - a growing ski racing community that embraces inclusiveness and belonging

To take a deeper look at the strategic plan, please click on the box below.

ACCESS 2023-2028 STRATEGIC PLAN



#### **AOA MEMBER REGISTRATION IS OPEN**

Alpine Ontario Member Registration is OPEN. NEW this year, we've created a HOW-TO video guiding families smoothly through registration. Click the link below to watch the HOW-TO video. **HOW-TO VIDEO** 

