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## 2023 COACH CONFERENCE

### RECAP & RESOURCES

The 2023 Coaches Conference was an informative and dynamic event this year stacked full of speakers and panels that empowered coaches and offered insights into a diversity of industry topics.

The [COACH CONFERENCE RESOURCES](#) page on our site houses all speaker presentations and includes a link to the LIVESTREAM that includes all presenters of the day. Consider this a fantastic resource for those unable to make it and those who did; we can now refer back to the details. Bookmark it or download what you need!

We extend our gratitude to our ski community, attendees, speakers, and sponsors for making this event a memorable and impactful experience for everyone.



**SEE YOU ON THE PODIUM!**

## NEW GEAR GUIDE 2024

**It's Here!** The [OFFICIAL AOA GEAR GUIDE 2024](#) for kids and parents.

Developed in collaboration with Skiis & Biikes, this fantastic resource is organized into sections for **U8** | **U10** | **U12** | and **U14** racers. It provides everything they need to get set for a fun-filled year on the ski slopes!

## ONTARIO PARA COACH SUMMIT



AOA had great representation at the Parasport Summit this past weekend that featured a Plenary Presentation on High-Performance Development in Adaptive Sport, facilitated by Gwen Binsfeld and Murray McCulloch (CSIO), who have worked on





L - R Will Goessart, leg amp, Mac Marchers VI, Katie Comboluzia, sit skier, attended virtually on the screen above, Rich Vanderwall in wheelchair (R).

Para Alpine did another presentation with an athlete Panel that consisted of our former and current OPAST, CFAST Ontario athletes, Will Goessaert, Mac Marcoux, and Katie Comboluzier, hosted by Rich Vanderwall. Para alpine skiers Alexandra Creighton, Unstoppable Tracy Schmitt, and Andrea Nelson were among the 170 attendees. AOA representatives Duncan Gibson-MacLean and Nick Kwasniak.

The Summit included representatives from Para organizations, PSO administrators, Ministry of Sport, CPC, CAO, CSIO, and para coaches, who focused on learning more about the LTAD pathways and identifying gaps that need to be addressed as we move forward.

The conversations and work will continue before we convene again in 2024.

## PARA COACH TRAINING



### Reminder to all Resorts and Coaches

CADS Ontario supports your coaches, instructors, and athletes in adaptive skiing.

Consultations, Presentations, Training, and certifications are available upon request. Please check out [cadsontario.ca](https://cadsontario.ca) or contact [gwen@cadsontario.ca](mailto:gwen@cadsontario.ca)



<https://alpinecanadamasters.racing/en/event/fis-world-criterium-masters-alpine-skiing-kimberley-alpine-resort/>

**STAY** for the Canadian Masters Alpine Championships @ Nakiska, AB,  
March 9-11; <http://albertamastersskiclub.ca/rides-of-march/>

## UPCOMING EVENTS



### **SAT NOV 18th @6pm EST @Georgian Peaks Ski Club**

You're welcomed to join an exclusive gathering featuring a special dinner, presentation, and discussion with distinguished members of Canada's ski team alumni. The event will spotlight Canada's achievements at the 2023 Championships and the team's future challenges. All proceeds, 100%, directly support the Canadian Alpine Ski Team athletes.

[EXCLUSIVE PATH TO THE PODIUM DINNER EVENT REGISTRATION](#)

### **WED NOV 15th @7pm EST**

**FREE** For families and fans join a dynamic zoom discussion to help athletes and parents achieve excellence in the sport. Meet Jack Crawford, Ali Nullmeyer and Jeffrey Read and former Crazy Canucks!

[ZOOM PATH TO THE PODIUM EVENT REGISTRATION](#)



# ARE YOU IN? ONTARIO WINTER GAMES SURVEY



The Ontario Winter Games is coming! And we want to hear from you! If you are a U14 or U16 athlete and are interested, please take the survey.

Note: This event is open to Division, SCUP, and OCUP athletes and is separate from the OCUP Finals. For more information about the Games, go to the [Ontario Winter Games Website](#).

TAKE THE SURVEY HERE



## AOA SUPPORTING COACH & OFFICIAL DEVELOPMENT

### COACH FACILITATOR TRAINING

AOA hosted coach facilitator training on Oct 27, bringing together veteran course facilitators and facilitators in training to prepare for the coming season of the AOA coach courses. AOA Coach Education Manager Sarah Edwards led the all-day training with support from Lead Coach Facilitators Rick Cook and Jacques Reid.

Pierre Ruel, Senior Manager of Coach Education at Alpine Canada Alpin, unveiled the entry-level course delivery updates, featuring three days of on-snow learning and an online e-prep learning module.

Sarah Edwards writes, "We're excited to see the engagement of what could have been the largest assembly of coach facilitators in the country in recent history. We are delighted to see new women learning facilitators join the team. Such a great sharing of knowledge and ideas as we prepare for the season.

Upcoming course schedule info [HERE](#).



**AOA OFFICIALS UPDATE**

AOA hosted Officials Update on Nov 7; nearly 250 officials and coaches across the province attended in preparation for the upcoming season. Nathalene Hagar, Ontario Officials Chair, alongside the Officials Board Team, hosted this online session.

In addition to providing the latest updates and changes from the FIS conference, they leveled up the group's shared knowledge with several breakout sessions and discussed several on-hill case studies. It was a very productive session, and we look towards the next session scheduled for Dec 2 @ 2 pm. [REGISTER HERE](#).

[ACCESS THE FULL AOA 2023-2028 STRATEGIC PLAN](#)

PARENTS' PISTE



HOW

ON

TO

AOA Member Registration

AOA MEMBER REGISTRATION IS OPEN

Alpine Ontario Membership Registration is officially OPEN! 🎉 This year, we're making the process even more seamless and user-friendly. ✨ Introducing our new How-To Video guiding families step-by-step through the registration process. 📺 ✨ .

HOW-TO VIDEO



PREMIER PARTNERS



PLATINUM PARTNERS



PROUD PARTNERS



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