



# CLUB CALL

NOVEMBER 22, 2023





# AGENDA

- Division Updates
- U16 HPP Update
- Coach Education Update
- Club Parent Resource Update
- AOA Fees Update
- Random Start Update
- Officials Update
- Safe Sport
- Reminders & Updates
- New Business
- Next Meetings
- Questions

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- SOD Breakout Meeting to Follow





# DIVISION UPDATES

Ontario Para-Alpine Ski Team – Nick Kwasniak

Southern Ontario Division – Jennifer Gillard & Jason Manning

Lake Superior Division Alpine – Nancy Petrick

National Capital Division – Brian Ivay

Northern Ontario Division – Alan Chute

**ALPINE ONTARIO ALPIN**







## U16 HPP UPDATE

- > U16 HPP Camps complete for 2023 - 43 athletes from 8 clubs
- > ODST Mount Sima Races/Training
- > OST M Training Panorama
- > OST W Training Nakiska
- > OPAST Training Winter Park
- > First NorAm Start - Copper Mountain, Colorado Dec 4 - 9





# RACER **JP** SESSIONS



WHAT - U16 Interface with ODST

WHO - Selected athletes who participated in the U16 HPP

WHEN - December - Christmas break

HOW - Athletes/Clubs Coaches will be emailed.

WHERE - TBA

# COACH EDUCATION UPDATE



Coach Conference Resources

[Chttps://alpineontario.ca/2023-aoa-coach-conference-recap-resources/](https://alpineontario.ca/2023-aoa-coach-conference-recap-resources/)



# COACH EDUCATION UPDATE



- [Entry Level Coach Course Schedule](#)
- [Development Level Coach Course Schedule](#)
- [Performance Level Coach Course Schedule](#)
- [Updated Entry Level Coach Pathway](#)
- [Setting Environments to Develop Athletic Abilities Module](#)
- Intro to Terrain Park E-learning – club discount being offered by ACA (20%)
- ACA Level Up - Subsidy for Women participating in DL/PL courses
- [Speed Modules](#)
- [Coach Evaluator Training Nov 29 7-9 – register through snowreg](#)
- Club Events for Licensing Credits
- [Coaches Chat Communication](#)



# COACH EDUCATION UPDATE



## THE PURPOSE OF THE PROGRAM

- To promote continuous improvement and life-long learning for coaches
- To help reduce the risk of accidents
- To promote coaching excellence at every level in the Canadian development system
- To help professionalize ski coaching

## ONLY COACHES WHO ARE ACTIVELY COACHING ARE REQUIRED TO BE "LICENSED" REGISTERED COACHES IN GOOD STANDING IN THE CURRENT SEASON.

- Active coaches must be registered and be licensed annually by ACA-CSC.
- Obtaining the "licensed" status is the responsibility of the coach.
- The annual license cycle is September 1 - August 31
- Coaches should be "registered" and "licensed" before starting to coach athletes, supervise other coaches or implement programming
- The deadline to be licensed is January 31 annually. This accommodates coaches who are working in all coaching contexts of the ACA LTAD 3.0
- If coaches are not "licensed" by January 31, they lose their registered in good standing designation with ACA-CSC

## COACHES ARE CONSIDERED "LICENSED" REGISTERED COACHES IN GOOD STANDING ONCE ALL REQUIREMENTS HAVE BEEN MET INCLUDING:

- Payment of annual coaching dues
- Sign the annual release waiver
- Sign the code of conduct agreement
- Complete or have a current Criminal Record Check on file that is inclusive of the full licensing cycle ending on August 31st of each year
- Sign the Rowan's Law acknowledgement form (Ontario coaches only)
- Complete Safe Sport training (<https://safesport.coach.ca>)
- Complete educational and risk management credits



# COACH SESSIONS

**EXPERIENCE**  
“A DAY IN THE LIFE”  
OF AN OST COACH

Are YOU looking to?

- > UP your COACHING game
- > EXPAND your coaching knowledge
- > BROADEN your coaching skills

- > Connect with OST Coaches and experience an OST athlete training session in Ontario Feb & Mar 2024
- > Offers Coaches top level in the Province exposure and interactive mentorship within high-performance training environments
- > These sessions are designed for Coaches at the Comp Intro & Comp Development levels

CLICK HERE TO

**APPLY**



# CLUB PARENT RESOURCE UPDATE



<https://alpineontario.ca/official-aoa-gear-guide-2024/>



<https://alpineontario.ca/download/aoa-member-how-to/?wpdmdl=248972&refresh=65280acc700e1697123020>



## AOA FEES UPDATE

OCUP Race Entry Fees (increase 10\$) - 65\$+HST

AOA Invitationals – 150\$ Flat Fee

Calendar Listing, Posted Results

Bibs available with deposit \$100

AOA Membership Registration







# RANDOM START UPDATE

BUILDING RESILIENCY, INCLUSIVITY, COMMUNITY, AND  
IMPROVING RETENTION IN ALPINE ONTARIO

ALL U16 RACES WILL MOVE TOWARDS  
RANDOM REVERSE START ORDER

Specifics around this rule will be published in the new  
provincial competition rules available in the coming  
week.





<http://www.alpinepoints.ca/officials/courses/>

## ✓ OFFICIALS EDUCATION



### Annual Update

Sun 3 Dec @ 2 pm online

Thu 4 Jan @ 7 pm online

### Level 1

Wed 14 Dec @ 7 pm online

Tue 9 Jan @ 7 pm online

### Level 2

Sat 2 Dec @ 9 am Blue

Mon 15 Jan @ 7 pm online (3 sessions)

### Level 3

Sat 20 Apr @ 9 am Collingwood (2 sessions)

## ▼ RULE CHANGE

### ICR 614.2.3 Interdiction to Continue after a competitor stops

If competitors come to a complete stop (e.g. after a fall), they must no longer continue through previous or further gates.

~~This interdiction is valid in all events with a fixed start interval (Downhill, Super-G, Giant Slalom, Parallel). Only exception is for Slalom (art. 661.4.1), as long as the competitor:~~

- ~~—does not interfere with the run of the next competitor or,~~
- ~~—have not been passed by the next competitor.~~



## ✓ SAFE SPORT

Special Presentation by Katrina Monton, PhD  
Candidate, Social-Organizational  
Psychology

The Role of Organisations in Safe Sport –  
Presentation and Discussion

Thursday November 30<sup>th</sup> 5PM - 6:30PM

Open to all clubs: Zoom link provided by  
Alpine Ontario

Topics:

- The current state of Safe Sport in Canada
- The role of your club and board in creating safer sport environments
- Creating transparency and accountability in a club structure
- Key considerations and steps/ processes that can be actioned by clubs



## REMINDERS

Ontario Winter Games (OWG) Alpine

Feb 16-19, 2024 Thunder Bay

Eligibility U14 (12-13 year olds)

U16 (14-15 year olds)

The Games will showcase SL,  
terrain GS and Team Parallel

[Link for U14 | U16 OWG club attendance](#)

OCUP U14-U16 Fitness Testing Results  
by Dec 31





## NEW BUSINESS

Late FIS Registration

– Please submit prior to Dec 25, 2023

AOA Event Sanction Invitational Application

- For invitationals - due Nov 30, 2023 to  
be included on AOA Events Website  
Calendar



# ONTARIO UNITED - ALPINE ONTARIO ALPIN STRATEGIC 2023-2028



A PLACE OF BELONGING THROUGH POSITIVE EXPERIENCES FOSTERING GROWTH, INCLUSIVENESS, AND COLLABORATION



## Inspired Community

### 2023/24 PRIORITIES

Create and define strong partnerships and alignment with Divisions and member Clubs

Grow and enhance the racing community through inclusive offerings and creating safe environments

### UNDERWAY FOR 2023/24

- Clear division MOUs, roles and responsibilities
- Safe Sport education
- New event series to engage a broader range of ski racers (U19/ENL/UNI)
- Increase community engagement and participation through organized and meaningful events & competitions.

## Athletic Development

Continued assessment of gaps in performance infrastructure, supported by action

Focus on U14 development and preparedness  
Pathway and Retention Marketing

- Provincial Spring Training opportunities at U14
- Increased SX & SG camp initiatives
- Supporting FIS programming across 4 divisions
- New parent resources and ski racing education tools
- Additional U16HPP opportunities

## Coaches + Officials

Clear coach pathways and courses for career development

Opportunities for 'on hill learning'  
Recruiting and fostering coaches

- Flexible DL delivery model implementation
- Increased camp modules for coaches
- Develop marketing material to attract coaches and officials
- Developing the next gen of Ontario coach leaders and facilitators (professional, accountable, inspiring)

## Organizational Excellence

Multi-year action plan

Revenue generation

Lead by example through diverse organizational leadership

- Community shared annual KPI reviews
- \$100K new partnership revenue, +20% membership participation
- Code of Conduct alignment PSO/divisions/club

# NEXT MEETINGS

Zoom 3:30 – 4:30 p.m

- Dec 13, 2023
- Jan 17, 2024
- Feb 14, 2024
- Mar 6, 2024



# THANK YOU

AOA Executive Director - [pbiggs@alpineontario.ca](mailto:pbiggs@alpineontario.ca)

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AOA Manager Coach Development – [jskireid1970@gmail.com](mailto:jskireid1970@gmail.com)

AOA OPAST Head Coach - [nick@alpineontario.ca](mailto:nick@alpineontario.ca)

AOA U16 HPP Manager - [duncan@alpineontario.ca](mailto:duncan@alpineontario.ca)

SOD Competition & Development Manager – [sodmanager@alpineontario.ca](mailto:sodmanager@alpineontario.ca)

ON Officials Chair – [officials@alpineontario.ca](mailto:officials@alpineontario.ca)

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