



ALPINE ONTARIO

REPORT TO HIGHLIGHT THE
GAPS IN OUR SYSTEM TO
HELP BRIDGE THE GAP IN
HIGH PERFORMANCE

Jacques Reid
Manager Coach Development
AOA Coach Conference
Nov 2, 2024





INTRO



- Where did we start?
- Brainstorming session at Osler
- Format
- Key Take aways



BRAINSTORMING SESSION

- IN PERSON & ONLINE (PROVINCIAL REPRESENTATION)
 - COACHES, PROGRAM DIRECTORS, ADMIN, PARENTS
- AREAS OF ATHLETIC DEVELOPMENT AFFECTING HP VOTED ON BY IMPORTANCE
- GROUPWORK TIME SPENT ON ISSUES IN THE CURRENT SYSTEM CONTRIBUTING TO THE “GAP”
- VOTING ON THE MOST SIGNIFICANT ISSUES
- GROUPWORK TIME SPENT ON DEVELOPING SOLUTIONS TO HELP “BRIDGE THE GAP”



AREAS OF ATHLETIC DEVELOPMENT

- TRAINING ENVIRONMENT/ COACHING APPROACH
- CALENDARING
- MENTAL HEALTH & PERFORMANCE
- FITNESS/ S & C
- PARENT ENGAGEMENT & EDUCATION
- RETENTION



BRAINSTORMING SESSION

AREA OF DEVELOPMENT	CAUSES/ PROBLEMS	RANK	SOLUTIONS
TRAINING ENVIRONMENT/ COACHING APPROACH	Lack of high-level coaches	1ST	More deliberate coach interface opportunities
			More deliberate coach development plan & Identification
			Focusing more on Coach Progression & Guidance



COACHING/ ACTION ITEMS

SOLUTIONS	TIMELINE	ACTION ITEMS
More deliberate coach interface opportunities	Ongoing	Continue to promote "Coach UP"
	ready for Spring 25'	Build strong "interface" structure for coaches to spend significant amount of time with OST/ ODST during Spring & Summer projects
More deliberate coach development plan & Identification	In Progress	"Shine the Light" initiative to recognize those coaches making a difference at the club level
	Ongoing	Working with Coach Facilitators & Evaluators to help them identify good coaching & promote certification
Focusing more on Coach Progression & Guidance	short term	Targeting those coaches working at U12/U14/U16 and creating a working interactive space to use AOA HP coaching plan
ACA SnowStars info/ Make more available to provide proper planning	short term	Active interaction with clubs & coaches to see how the new format is being used



KEY TAKE AWAYS

Never underestimate the impact that you have as a coach when developing a meaningful relationship with the athletes

All stakeholders play a part in this!

- Athletes, Coaches, Parents, Programs, Hill Managers, Officials, etc.

We can close the Gap but only with collaboration among stakeholders and staying with a plan over the next 3-4 years



THANK YOU/ QUESTIONS?

