



# ALPINE ONTARIO ALPIN

Provincial Governing Body for Alpine,  
Para-Alpine & Ski Cross Racing

## CLUB CALL

DEC 11, 2024



Presented by



**MACKENZIE**  
Investments



# ALPINE ONTARIO **WELCOME**

Within these walls where a passionate ski community comes to gather, you are welcomed, accepted, and respected.

Here, no matter who you are or where you are from, you are at home, regardless of your race, national or ethnic origin, colour, religion, age, sex, sexual orientation, gender identity or expression, marital status, family status, genetic characteristics, disability, or conviction.

All we ask is that you be excellent, respectful, accountable, courageous, and a leader.

# TOGETHER, WE ARE **ONTARIO UNITED**



# AGENDA

- Division Updates
- Para Update
- HPP Update
- U14/U16 OCUP Reminders
- ACA Fitness Combine
- Coach Education Update
- Club Parent Resource
- Officials Update
- NCR & PCR Rules
- Reminders & Updates
- New Business
- Transgender Non Binary
- Next Meetings
- Questions





## DIVISION UPDATES

Southern Ontario Division – Jennifer Gillard  
Jason Manning

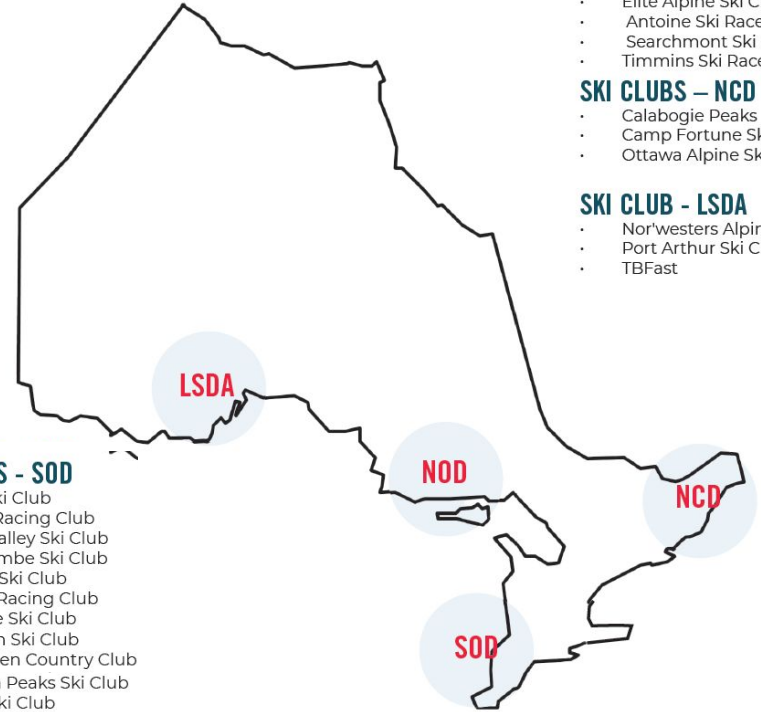
Lake Superior Division Alpine – Nancy Petrick

National Capital Division – Carol Mothersill

Northern Ontario Division – Bob Real

**ALPINE ONTARIO ALPIN**

The four AOA divisions are:  
**National Capital Division (NCD)**  
**Northern Ontario Division (NOD)**  
**Lake Superior Division Alpine (LSDA)**  
**Southern Ontario Division (SOD)**



### SKI CLUBS – NOD

- Adanac Ski Club
- Elliot Lake Ski Racers
- Elite Alpine Ski Cross North Bay
- Antoine Ski Racers Inc
- Searchmont Ski Runners
- Timmins Ski Racers

### SKI CLUBS – NCD

- Calabogie Peaks
- Camp Fortune Ski Club
- Ottawa Alpine Ski Sports

### SKI CLUB - LSDA

- Nor'westers Alpine Ski Club
- Port Arthur Ski Club
- TBFast

### SKI CLUBS - SOD

- Alpine Ski Club
- Batawa Racing Club
- Beaver Valley Ski Club
- Brimacombe Ski Club
- Caledon Ski Club
- Catalyst Racing Club
- Chicopee Ski Club
- Craigleith Ski Club
- Devil's Glen Country Club
- Georgian Peaks Ski Club
- Glacier Ski Club
- The Heights Ski & Country Club
- Jozo Weider Racing Club
- London Ski Club
- Mansfield Ski Club
- Milton Heights Racing Club
- Muskoka Ski Club
- National Ski Academy
- North York Alpine Race Club
- Osler Bluff Ski Club
- Snow Valley Ski Club
- Toronto Ski Club



# 2024-25 ONTARIO PARA ALPINE SKI TEAM



**James Budrow**



**Jessica McPhee**



**Nick Kwasniak**  
**Coach**



# ATHLETE DEVELOPMENT FUNDRAISER

## AOA BUNDLE FOR PARA ALPINE DEVELOPMENT



Alpine Ontario would like to donate exclusive Ontario Team Speed suit, shorts, and/or gear to be featured at your Club's Athlete Development Fundraiser events.

Proceeds will support Ontario Para Alpine Ski Development, helping athletes with disabilities reach their full potential.

If interested please contact [mburton@alpineontario.ca](mailto:mburton@alpineontario.ca)



# HIGH PERFORMANCE PROGRAMMING UPDATES

- [OST-ODST Criteria Posted](#)
- HPP program review complete, and 2025-26 program to be launched January. Moving forward the program will be called the Athletic Development Program (ADP)
- ACA Project Excel - [Interval report](#)
- [ACA Random Start Order White Paper](#)





# U14/U16 OCUP REMINDERS

- > OCUP Course setters and refs have been listed
- > Mont Saint Anne U16 SG project Feb 13-15 - More details coming soon
- > [U14,U16 SOD OCUP Calendar HERE](#)
- > OCUP Finals will follow start order format used by ACA. Details in PCR
- >U18 OCUP racers - clubs, please ensure equipment is in compliance with PCR guidelines
- >Clubs must register their OCUP athletes on the OCUP base list (alpinepoints). Suki will send link in club update.







# ACA FIS FITNESS COMBINE

Reminder for fitness testing protocol for OCUP racers U14/U16 requirements.

Each athlete must submit a dated (between Sept 1-Dec 31 2024) fitness testing record to ACA by Dec 31, 2024 and copy to [memberservices@alpineontario.ca](mailto:memberservices@alpineontario.ca),

Athletes who do not do this cannot participate in OCUP races, including the OCUP Finals.

This testing can be done with your Division, Ski Club, Gym and/or school.

For full details on the ACA Fitness combine including audio and video resources click [here](#).

Testing Protocol can be downloaded [here](#)  
Forms to be Used for Recording results.



- Athlete Roster [Template](#)
- U16 FIS ACA Fitness Combine Results [Template](#)
- U10 U12 U14 ACA Fitness Combine Results [Template](#)

Please review the testing protocol as AOA has moved to using the new Alpine Canada Fitness Combine.

**GREEN BIB TO BE WORN AT OCUP FINALS BY COMBINE HIGH SCORE ATHLETES - U14 & U16**





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## **SKILL UP U10, U12, U14 CAMPS REGISTRATION NOW OPEN**

**[Jan 23 - Caledon - Quickness & Agility](#)**

**[Feb 6 - Beaver Valley - SX Terrain & Mobility](#)**

**[Feb 13 - Osler Bluff - Speed & Movement](#)**

**MORE SKILL UP CAMP INFO HERE**

**<https://alpineontario.ca/alpine-ontario-alpin-racing/camps/>**

The logo for Ski Sessions, featuring the text 'SKI' in large grey letters, 'SESSIONS' in smaller grey letters below it, and 'UP' in large red letters to the right. Above the 'UP' are two small Ontario logos.

**SKI** **UP**  
SESSIONS





## SX EVENTS 2025

### FIS Category Events added

New SX Schedule to be added  
under [Events & News Tab](#)

**New** Mar 6th - SX FIS Race - Beaver Valley

March 19-20 - SX Camp - Craigleith

March 21-22 - SX Provincials - Craigleith



**LEVEL UP**  
YOUR COACHING STATUS

MACKENZIE  
**WOMEN**  
in  
**SKI RACING**

CLICK  
TO  
APPLY

## LEVEL UP

### Mackenzie Financial Women In Ski Racing – “Level Up” Project

**What:** ACA through the support of Mackenzie Financial will be providing \$10,000 in support to females across Canada to financially support their ongoing efforts to “level up” in coach education - DL, PL.

**Start:** • Program launched December 1st , 2024 • All registrations up to and including March 2nd, 2025, will be considered for the subsidy • Winners of the subsidy will be announced the week of March 3rd, 2025

**How It Will Work:** • Any female that registers for a coaching course is eligible to get 50% of the cost of her course subsidized through this program



# COACH EDUCATION

EL/ DL /PL Coach Course Schedule - [HERE](#) - EL courses are filling up so register soon!

Club that require education credits for their staff training email [sedwards@alpineontario.ca](mailto:sedwards@alpineontario.ca) to request a registration link for snowreg

AOA will be contacting each club to review their coach evaluator needs and plans for moving coaches from trained to certified this season and identifying coaches for evaluation EL/DL/PL

NCCP Courses Available to Coaches in their locker at [www.coach.ca](http://www.coach.ca)

- Intro to terrain parks – online NCCP elearning - \$50
- Ski Cross Coaching and Safety Module Part 1 and Part 2 – online NCCP elearning - \$60 – (on snow module required for ski cross trained accreditation)
- Setting Environments to Develop Athletic Abilities – online NCCP elearning - \$50
- Speed Module - online NCCP elearning - \$50 (on snow module required for speed trained accreditation)
- NCCP Coaching Athletes with a Disability – Multi-Sport elearning module
- There are additional elearning modules coaches can complete under the multi sport tac in their NCCP locker for credits and some of them are even [FREE](#)



# CLUB PARENT RESOURCE UPDATE

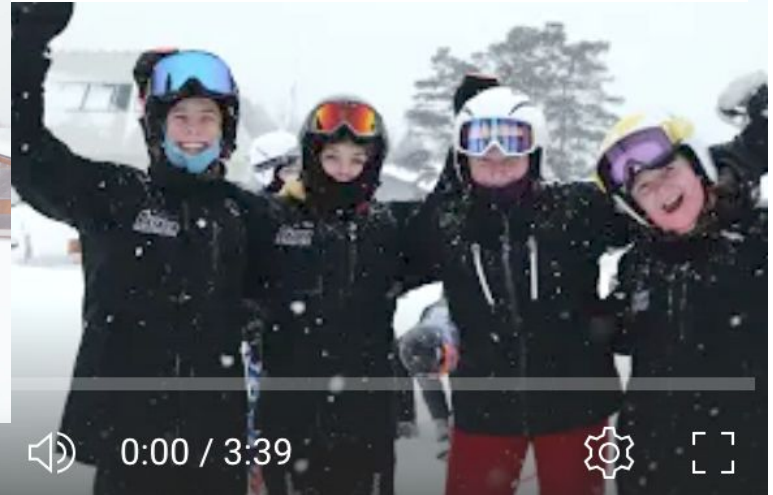
PLEASE SHARE



**Normerica**  
Timber Homes



JACQUES REID  
Coach Development Manager



<https://www.youtube.com/watch?v=pWxsmboGnUs&themeRefresh=1>



# OFFICIALS EDUCATION

[AOA Events Calendar > Officials Training](#) (dark orange, filter Officials Training) *or* [AlpinePoints.ca > Officials > Take a Course](#) (Search Alpine Ontario)



## ONLINE

### Annual Update

[14 Jan 2025](#)

### Level 1

[12 Dec 2024](#)

[7 Jan 2025](#)

### Level 2

[19 Nov 2024](#)

[13 Jan 2025](#)

## IN PERSON

### Level 3

*Apr/May 2025 Collingwood*

Contact your regional Officials Chair to coordinate in-person courses.



# FIS INTERNATIONAL COMPETITION RULES (ICR)

FIS Alpine Documents <https://alpinecanada.org/community/criteria-publications>  
International Competition Rules (ICR)  
Precisions Northern Hemisphere

FIS Marketing Documents <https://www.fis-ski.com/inside-fis/general-fis-documents/marketing>  
Specifications for Alpine Competition Equipment

# ACA NATIONAL COMPETITION RULES (NCR)

ACA Criteria & Publications <https://alpinecanada.org/community/criteria-publications>  
National Competition Rules

# AOA PROVINCIAL COMPETITION RULES (PCR)

AOA Resources <https://alpineontario.ca/wp-content/uploads/2024/12/PCR-ON-v25.5.pdf>





## REMINDERS

[FIS LICENSE LINK](#) - Deadline Dec 25th

A late fee of \$145.00 will be applied after December 25

### FIS UNIVERSITY CHAMPIONSHIPS

08-Mar Saturday Devils Glen - SL

09-Mar Sunday Devils Glen - SL

10-Mar Monday Georgian Peaks GS

11-Mar Tuesday Georgian Peaks GS

**Club Events Sanctioning and Landing pages** for your club on SnowReg. Just a reminder to update your club events sanctioning page on your SnowReg dashboard by selecting Applications then Permits. Club Activities for 24-25 season; update contacts and ensure your file upload states current race season. For your landing/listing page add your club location address, URLs for Facebook, Instagram, Twitter add if your club has not set up. To ensure **Insurance coverage**.

## REUNION & PARTY!

Join us for Après! 🏔️🌟 We're bringing together the best of Ontario Ski – the Team, Development Athletes, and Alumni – for an epic party you won't want to miss!

- 🎵 Live Music
- 🎁 Exclusive Auction
- 🍷 Après-ski Vibes

**Date:** Jan 11 2025 - Post FIS Race

**Time:** 3:30-6:30pm

**Location:** Alpine Room - Alpine Ski Club

Grab your tickets now and support the future of Ontario skiing!



# TRANSGENDER & NONBINARY



**FIS International Events** - All FIS events (including FIS children's events such as Whistler Cup, Scara, etc.)

Categories Male and Female

Classification based on Sex at Birth



**National level events (National competitive card)** - We do not have clarity at this time. PSO/ACA Working group with the support of Transinclusion consultant completed a Transgender & Nonbinary Inclusion policy. Policy is under review with ACA board of directors. We do not expect it to be in place for 2024/25. Those affected should contact AOA for guidance.



**Recreational level competition (Rec. Card)** - In ontario this is U12 and younger - Athletes register on Snowreg in the gender in which they identify with. The focus is on ensuring participation and valuing inclusion.

## FAQ: What if parents get upset?

- Underscore Alpine Canada's **value of inclusion**
- Focus on ensuring **participation**
- Explain policy is needed to address **unique issues** of trans & non-binary athletes, which are 0.33% of pop'l
- Explain **physical features** vary widely irrespective of gender

## FAQ: What if participants on another team ask?

- Important to maintain athlete **privacy**
- No need to “**explain**” someone’s gender
- Simple response: “This athlete is in the **right category**”
- Explain broadly: Cannot know someone’s gender identity based on **appearance or anatomy**



2023-24 AOA  
ANNUAL REPORT - [LINK HERE](#)





## ✓ NEW BUSINESS

Office - Hrs - Closed Dec 25-26, Jan 1st

- AOA online [registration](#)
- Encourage your members to avoid last minute registration. Clubs share your SnowReg link
- How to Register Tutorial [Link](#)



# NEXT MEETINGS

AOA Club Call Schedule 2024-25



- 4 Jan 8 3:30-4:30
- 5 Feb 12 3:30-4:30
- 6 Mar 5 3:30-4:30
- 7 Apr 9 3:30-4:30







# QUESTIONS

## For General Inquiries:

### Alpine Ontario Alpin

39A Stewart Road  
Collingwood, ON L9Y 4M7  
Phone : (705) 444-5111  
Email : [memberservices@alpineontario.ca](mailto:memberservices@alpineontario.ca)



### Patrick Biggs

#### Executive Director

Tel (437) 245-6217  
E-mail: [pbiggs@alpineontario.ca](mailto:pbiggs@alpineontario.ca)  
Contact for Board of Directors, leadership of AOA, strategic vision

### Suki Chapman

#### Programs & Membership Manager

Tel (705) 444-5111 ext 133  
E-mail: [memberservices@alpineontario.ca](mailto:memberservices@alpineontario.ca)  
Contact for program or registration questions

### Angela Hobbs

#### Accounting Manager

Tel (705) 444-5111 ext 125  
E-mail: [accounting@alpineontario.ca](mailto:accounting@alpineontario.ca)  
Contact for budget, accounting, invoices, payments, human resources or office management

### Maria Burton

#### Director Partnerships & Marketing

Tel (705) 539 0679  
E-mail: [mburton@alpineontario.ca](mailto:mburton@alpineontario.ca)  
or [communications@alpineontario.ca](mailto:communications@alpineontario.ca)  
Contact for Partnerships, Marketing & Communications

### Joseph Lavigne

#### Interim High Performance Director

E-mail: [jlavigne@alpineontario.ca](mailto:jlavigne@alpineontario.ca)  
Contact for High Performance plan and/or staff.  
Oversees OST, ODST Ski Team, U16 HPP  
and Para-Alpine development

### Competition & Programs Manager

**TBD** Contact for coordination, logistics and programming for AOA programs and competitions.

### Sarah Edwards

#### Manager, Coach Education & Delivery

E-mail: [sedwards@alpineontario.ca](mailto:sedwards@alpineontario.ca)  
Contact for inquiries related to coach education for Entry Level or Development and Performance Level

### Jacques Reid

#### Manager, Coach Development

Email: [jski@alpineontario.ca](mailto:jski@alpineontario.ca)  
Phone: (705) 888-5544  
Contact for coach education courses and initiatives.

### Shawn Letton (Returning April)

#### SOD Manager

Email: [sodmanager@alpineontario.ca](mailto:sodmanager@alpineontario.ca)  
Phone: (705) 888-5544



# THANK YOU FOR ATTENDING



## PREMIER PARTNERS



## PLATINUM PARTNERS



## PROUD PARTNERS

