



ALPINE ONTARIO

CLUB CALL

Apr 9, 2025

Presented by



MACKENZIE
Investments





ALPINE ONTARIO **WELCOME**

Within these walls where a passionate ski community comes to gather, you are welcomed, accepted, and respected.

Here, no matter who you are or where you are from, you are at home, regardless of your race, national or ethnic origin, colour, religion, age, sex, sexual orientation, gender identity or expression, marital status, family status, genetic characteristics, disability, or conviction.

All we ask is that you be excellent, respectful, accountable, courageous, and a leader.

TOGETHER, WE ARE **ONTARIO UNITED**



AGENDA

- Division Updates
- SOD Spring Summit
- ADP Update
- High Performance
- ADP Update
- Pathway Info Meetings
- U14/U16 OCUP Updates
- ODST/OST Selection Updates
- Coach Education Update
- Officials Update
- Special Events
- Reminders
- Next Meetings
- Questions





DIVISION UPDATES

Southern Ontario Division – Jennifer Gillard

Jason Manning

Lake Superior Division Alpine – Nancy Petrick

National Capital Division – Carol Mothersill

Northern Ontario Division – Bob Real

ALPINE ONTARIO ALPIN

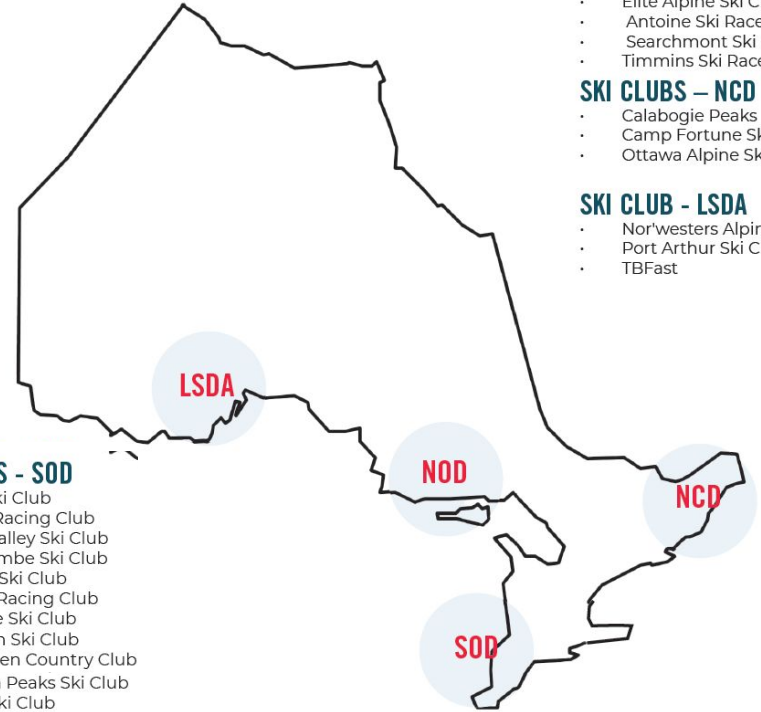
The four AOA divisions are:

National Capital Division (NCD)

Northern Ontario Division (NOD)

Lake Superior Division Alpine (LSDA)

Southern Ontario Division (SOD)



SKI CLUBS – NOD

- Adanac Ski Club
- Elliot Lake Ski Racers
- Elite Alpine Ski Cross North Bay
- Antoine Ski Racers Inc
- Searchmont Ski Runners
- Timmins Ski Racers

SKI CLUBS – NCD

- Calabogie Peaks
- Camp Fortune Ski Club
- Ottawa Alpine Ski Sports

SKI CLUB - LSDA

- Nor'westers Alpine Ski Club
- Port Arthur Ski Club
- TBFast

SKI CLUBS - SOD

- Alpine Ski Club
- Batawa Racing Club
- Beaver Valley Ski Club
- Brimacombe Ski Club
- Caledon Ski Club
- Catalyst Racing Club
- Chicopee Ski Club
- Craigleith Ski Club
- Devil's Glen Country Club
- Georgian Peaks Ski Club
- Glacier Ski Club
- The Heights Ski & Country Club
- Jozo Weider Racing Club
- London Ski Club
- Mansfield Ski Club
- Milton Heights Racing Club
- Muskoka Ski Club
- National Ski Academy
- North York Alpine Race Club
- Osler Bluff Ski Club
- Snow Valley Ski Club
- Toronto Ski Club

Save the Date!

SOD Spring Summit

Fri, April 25th - Alpine Ski Club

9:30 AM to 2:30 PM

This meeting is intended for Program Directors, Head Coaches, and Race Administrators, and will focus on:

- Gathering feedback on the past season
- Collaborating on planning for next season
- Sharing key dates to support your off-season preparation

[Survey LINK](#)

Confirm your attendance please email Shawn at SODmanager@alpineontario.ca

SOD will again be hosting fall fitness testing at York University, likely around the same date as last year (the final weekend of September)





HIGH PERFORMANCE PROGRAMMING UPDATES

Thank you Cam Stephen for your leadership and commitment to AOA over the past 6 years with the OST Women!

OST - Colton Bartholomew 2nd in Super Series Overall.

2025-26 ODST/OST Team Selection underway

ODST/OST/U16ADP will target May camp in Sunshine. Focus on technical changes through freeskiing focus.

U16 ATHLETIC DEVELOPMENT PROGRAM



[FULL DETAILS HERE](#)

PROGRAM GOALS:

The program aims to unite the most committed and talented 2010 & 2011 athletes, increasing their time on snow, fitness, and overall athletic development. It seeks to boost motivation, support AOA clubs in athlete development, engage those pursuing high-performance pathways, and provide education to athletes and parents about elite development opportunities and the broader athlete pathway.

NEW:

- Updated Selection Process
- Updated Fitness Standards (Testing May 3 or 4th - TBC)
- Optional May camp
- 3 day Fitness Camp (May or June)

LINK

<https://docs.google.com/forms/d/e/1FAIpQLSfOSmBFMN54GSmgaEozk4OsrJFdIJThMz1x1i4xyGTtN08eoA/viewform?usp=sharing>



ALC AOA ALPINE SKIER FITNESS CAMP



U14 | U16 Alpine Skier Summer Fitness Camp

Where: Collingwood

When: July 14-18, 2025

Collingwood Weekly Spring Fitness training

Starting May 5th.

Includes: Nutrition, Mental performance and Weekly fitness sessions to reach your goals.

Registration opens April 15 - only 8 spots per age group.

More info here

<https://activelifeconditioning.com/new-spring-youth-programs-launch-tues-april-15th/>





PATHWAY INFORMATION VIRTUAL MEETING:

Athlete Pathway Info Parent Meeting

Pathway presentation (U14-U16-FIS-CAST/UNI)

- Weds April 16th at 4:30PM. - [VIRTUAL ZOOM LINK](#)

The AOA Pathway Meeting is intended to be an information session for families and open to coaches. It will touch on themes like:

- How the LTAD is reflected in U14 and U16 OCUP Planning and competition
- U16 Athletic Development Program (ADP)
- FIS Racing and what it entails
- FIS programs
- Education Options and managing school pressures while racing
- ODST and OST information

ODST/OST SELECTION 2025/26



[CRITERIA HERE](#)

SELECTION PROCESS:

Initial outreach has been sent to athletes tracking towards team selection.

Athletes tracking towards ODST criteria have be invited to attend spring training in Ontario for observation.

Parents or Coaches with Questions should contact:
Joey Lavigne jlavigne@alpineontario.ca



U14 | U16 UPDATES

- OCUP survey will be circulated to OCUP coaches
- 2026 OCUP Finals planning
 - U14 SOD
 - U16 LSDA

U14 CanAms -Over 4 races ON captured **5 top 20 finishes** (11th, 13th, 18th, 2x19th) of 80 possible.
(Compared to QC - 34)

U16 Easterns - ON took home **16/80 top ten finishes** and landed only 2 podium finishes



COACH UP UPDATE

Recently, Eight coaches gathered over two days to spend some time with the Ontario Women's & Men's Ski Teams as well as the Ontario Development Ski Team.



COACH EDUCATION UPDATE



- March Recap - 10 Entry Level Courses, 2 Development Level Courses, 1 Ski Cross Module
- Women in Coaching Sessions, Coach Up program

Notable Locations/Facilitators:

- Timmins: Entry Level Course with LF Adam Wilcox
- Georgian Peaks: Large Development Level course with LFs Jacques Reid & Tomaz Senk
- Mansfield Ski Club: Smaller Development Level course with Rick Cook

Upcoming:

- Final course: Performance Level at Tremblant (happening now) in collaboration with SQA for high-performance coaches - 17 from AOA

Coach Evaluations

Entry Level Coaching Evaluation Part A – 129 – (make sure clubs have completed the evaluations)

Entry Level Coaching Evaluation Part B – 100 – (registered but may not be complete)

Development Level Coaching at a race – 1

Development Level Coaching during training - 12

Performance Level Coaching Evaluation – At a Race - 1

Performance Level Coaching Evaluation – Support Athletes during training – 1

DL Certified Coach completion – Alec Edward – Beaver Valley Ski Club

EL Evaluations Completed – notable mentions

Georgian Peaks – 34

TSC - 17

Chicopee – 17

Craigleith - 15

Osler – 11

Brimacomb - 9



ALPINE ONTARIO ALPIN SPRING DEBRIEF

FRI MAY 2 '25 Collingwood

FEATURING

- Season Recap
- Coach Education and Development
- Technical Updates
- Panel Discussion
- Industry Experts
- ...LUNCH & More

REGISTER 



<https://snowreg.com/#!/events/ontario-aoa-spring-coachclub-summit-may-2-2025>



Skiis & Bikes



FASKEN
Own tomorrow



Normerica
Timber Homes





OFFICIALS EDUCATION



An **Officials Level 3 course** has been calendared for **May 3-4 (Sat-Sun)** in Collingwood!

The **deadline for signing up is noon on Fri, 25 Apr**, as we will be sending out homework for participants to complete before the 1st day of the course.

Sign up at AlpinePoints
<https://alpinepoints.ca/officials/courses/#500357>

SPECIAL EVENT UPDATES



LAST CHANCE!
GRAND PRIZE
\$10,000 TRAVEL VOUCHER

SUPPORTED BY
redtag.ca

CLOSING SOON!
BUY TICKETS NOW!

CANskiteam
SWEEPSTAKES

OVER **\$45,000** IN PRIZES
TO BE WON

ACA SWEEPSTAKES

LINK TO WINNERS

<https://canskiteamsweeps.com/?olc=Instagram>



NOMINATIONS ARE NOW OPEN!



[1. Skiis & Biikes Athlete of the Year](#)

Alpine Male & Female; Para-Alpine and Ski Cross

[2. Anthony Pacione Coach of the Year](#)

[3. Fasken Volunteer of the Year](#)

[4. Robert Shore Official of the Year](#)

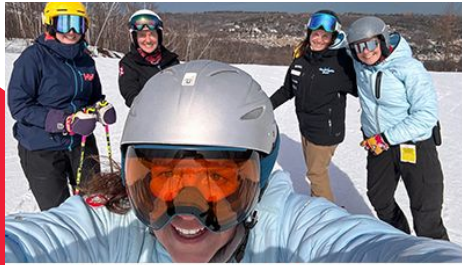
[5. Karbon Event of the Year](#)

[6. Spirit of Sandy Proctor Award](#)

[7. Normerica Builder of the Year](#)

[8. Mackenzie Investments Ski Club of the Year](#)

[Nomination Criteria Here](#)



2024-25 WIC PROGRAM



- Supported by Mackenzie Investments, offering mentorship, skill development, and high-performance exposure.

Key Events:

- WIC Webinar: Insights into the career progression from grassroots to elite-level coaching, highlighting the importance of community, mentorship, and adaptability.
- WC Qualifying at Craigleith: 40 girls & 10 women coaches, Ski Cross training, Q&A with Olympians Hannah Schmidt & Britt Phalen.
- McConville Cup FIS Races: 6 coaches, insights, observations, discussions on performance and athlete support with FIS coaches.



QUESTIONS

For General Inquiries:

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Email : memberservices@alpineontario.ca



Patrick Biggs

Executive Director

Tel (437) 245-6217
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Contact for Board of Directors, leadership of AOA, strategic vision

Suki Chapman

Programs & Membership Manager

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Contact for program or registration questions

Angela Hobbs

Accounting Manager

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Contact for budget, accounting, invoices, payments, human resources or office management

Maria Burton

Director Partnerships & Marketing

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or communications@alpineontario.ca
Contact for Partnerships, Marketing & Communications

Joseph Lavigne

Interim High Performance Director

E-mail: jlavigne@alpineontario.ca
Contact for High Performance plan and/or staff.
Oversees OST, ODST Ski Team, U16 HPP
and Para-Alpine development

Competition & Programs Manager

Tori Johnston tjohnston@alpineontario.ca Contact for coordination, logistics and programming for AOA programs and competitions.

Sarah Edwards

Manager, Coach Education & Delivery

E-mail: sedwards@alpineontario.ca
Contact for inquiries related to coach education for Entry Level or Development and Performance Level

Jacques Reid

Manager, Coach Development

Email: jski@alpineontario.ca
Phone: (705) 888-5544
Contact for coach education courses and initiatives.

Shawn Letton (Returning April)

SOD Manager

Email: sodmanager@alpineontario.ca
Phone: (705) 888-5544



PREMIER PARTNERS



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Investments

Skiis & Biikes 

Ontario 

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