



CLUB CALL

JAN 14, 2026





ALPINE ONTARIO **WELCOME**

Within these walls where a passionate ski community comes to gather, you are welcomed, accepted, and respected.

Here, no matter who you are or where you are from, you are at home, regardless of your race, national or ethnic origin, colour, religion, age, sex, sexual orientation, gender identity or expression, marital status, family status, genetic characteristics, disability, or conviction.

All we ask is that you be excellent, respectful, accountable, courageous, and a leader.

TOGETHER, WE ARE **ONTARIO UNITED**



ALPINE ONTARIO CONTACTS

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Oversees OST, ODST U19/U16 HPP and Para-Alpine development

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AOA COACHING STAFF

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Henry Yeigh, ODST Head Coach - hyeigh@alpineontario.ca

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AGENDA

- Para Update
- HPP Update
- U14/U16 OCUP Reminders
- Coach Education Update
- Officials Update
- Division Updates
- New Business
- Next Meetings
- Questions





2026 ONTARIO PARA ALPINE SKI TEAM



ONTARIO SKI TEAM & ONTARIO DEVELOPMENT SKI TEAM SELECTION CRITERIA

OST

<https://alpineontario.ca/wp-content/uploads/2026/01/2627-OST-Selection-Guidelines.pdf>

ODST

<https://alpineontario.ca/wp-content/uploads/2026/01/2627-ODST-Selection-Guidelines.pdf>



U14/U16 OCUP UPDATES

- AOA U16 GS/Speed initiative will be Feb 17-20 at Mont Ste. Marie. Joey Lavigne primary contact for coaches on project.
- 2026-27 U16 ADP program and selection process to be circulated at next meeting.





U14/U16 OCUP UPDATES

> Please share your feedback on the new start format. So far it's been generally positive and well received.

Fitness testing results are being finalized and sent to ACA for scoring, coaches should be able to access results once completed





EVENT UPDATES

Coach Certifications Memo

https://alpineontario.ca/download/memo-to-members_jan_14_coachlicensing

AOA PCR

<https://alpineontario.ca/wp-content/uploads/2025/11/PCR-ON-v26.1.pdf>

AOA Event Guidelines

https://alpineontario.ca/wp-content/uploads/2026/01/2526_AOA-Race-Event-Guidelines.pdf





SMELLING SALTS

AOA has released an official recommendation.

https://alpineontario.ca/download/aoa-ammonia-inhalants-recommendation_jan2026/

Smelling salts are strongly discouraged, particularly in situations where they may mask symptoms of an injury, such as a concussion.

The advisory states that it is **strictly prohibited for any coach or team staff to provide smelling salts to an athlete** at any time. Such actions would be considered a violation of Alpine Ontario safety protocols under the Code of Conduct and may result in disciplinary action.





ONTARIO WINTER GAMES QUOTAS

LSDA – 14
NCD - 20
NOD - 18
SOD – 128

Host: Mount St. Louis Moonstone – Glacier Ski Club

Dates: Feb 25-27

Disciplines: GS, SL, PAR

Divisions should ensure selection criteria is in place prior to first races

Deadline for athlete registration is: **JAN 20th, 2026**



Ontario
Winter
Games

2026 AOA INVITATIONALS



2026 AOA Invitationals

Updated as of Jan 14, 2026

U10/U12/U14/U16						
Event Name	Age Category	Dates	Location	Host Division	Discipline	Activity
Lydia Kutra Memorial	U14/U16	Jan 18	Mt. Baldy	LSDA	GS	Race
Ice Breaker	U10/U12	Jan 30	Mount St. Louis Moonstone	SOD	Skills	Train
Mealey Camp	U14 U16	Feb 2-4	Searchmont	NOD	Ski Camp	Train
Mealey Cup	U14 U16	Feb 5-8	Searchmont	NOD	SG, GS, SL	Race
Mansfield/Head Invitational	U10	Feb 13	Mansfield	SOD	GS	Race
Kidzbuhel	U12 (2014)	Feb 13	Osler	SOD	GS	Race
Dude Cup	U14+	Feb 13	The Heights	SOD	PAR	Race
Kidzbuhel	U12 (2015)	Feb 19-20	Mansfield	SOD	SG	Race
Devils Dual	U14/U16/U18+	Mar 16	Devils Glen	SOD	PAR	Race
Ski Meister	U12 (2014)	Mar 18-19	Devils Glen	SOD	GS, SL	Race
Ski Meister	U12 (2015)	Mar 18-19	Beaver Valley	SOD	GS, SL	Race
SOD Championships	U14/U16/U18	Mar 18	Toronto Ski Club	SOD	GS	Race
		Mar 19	Alpine	SOD	SL	Race
Muskoka Rodeo	U10 U12	Mar 21-22	Muskoka / Hidden Valley	SOD	SL, GS	Race
Spring Finals	U10	Mar 29	Beaver Valley	SOD	PSL	Race
Spring Finals	U12	Mar 29	Georgian Peaks	SOD	PSL	Race

Invitationals Schedule
under [Events & News Tab](#)

<https://alpineontario.ca/wp-content/uploads/2026/01/2026-AOA-Invitationals0114.pdf>



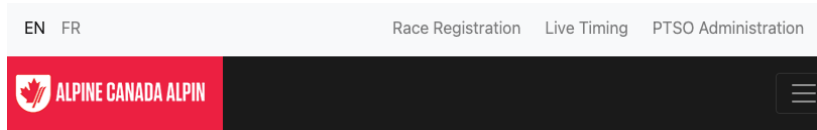
ACA ALPINEPOINTS ACTIVATION

REMINDER FOR 2026

- **AlpinePoints - Register Early** with AOA in order to be uploaded to alpinepoints – Alpine Canada controls the uploads so there will be *no last minute activation* on alpinepoints.

For Example: morning of the race there will be no activation of racer on alpinepoints.ca

- Crosscheck athlete **SnowReg registrations against club list on alpinepoints.ca** under Racer Profile.
- The Memo has been posted on our website under club resources:
https://alpineontario.ca/download/memo-to-members_jan_14_alpinepointsmanagement/



Welcome to alpinepoints.ca

Welcome to Alpine Canada's, Alpine Points, the host site for national competitions and results.

Alpine Points is a valuable resource for race organizers, coaches, athletes and parents, with the aim to provide relevant and accurate information on registered athletes, races and results.

In the event that you find an error or have a technical difficulty with the site, please contact:

alpinepoints@alpinecanada.org

WORLD CUP SX



TWO World Cup SX Races Craigleith, March 20 – 22, 2026

For More Information
Visit: <https://alpinecanada.org/competitions/craigleith-ski-cross-world-cup>

Please
Volunteer: <https://snowreg.com/#!/events/2026-craigleith-ski-cross-world-cup-volunteers-registration>

AD
<https://vimeo.com/1152273713/e65e07fd3c?share=copy&f=sv&fe=cj>

SX UPDATES



Craigleith SX Skier development sessions post World Club
Ski Cross Committee - new educational video assets

Provincial Ski Cross Schedule:

- **January 24-25, 2026** – Beaver Valley (SX Train (U10+)(SX Race (U12+)
- **January 29-30, 2026** – Blue Mtn (SX Train (U10+)(SX Race (U12+)
- **February 6-7, 2026** – Craigleith (*FIS*)(SX Train (U10+)(SX Race (U12+)
- **February 20-21, 2026** – Caledon (SX Train (U10+)(SX Race (U12+)

SX on OCUP Calendar [here](#)

National Championships

- Ski Cross – Jan 9 Nakiska • M/W 1xSX



SKILLS & DRILLS PROJECT UPDATE

DRILLS HAVE BEEN SELECTED

DESCRIPTIONS OF THE DRILLS HAS BEEN SHARED TO HC'S

PDF EVALUATION DOCUMENT BEING FINALIZED

STAY TUNED FOR INFORMATION ON PATCH PROGRAM

FORMAL EVALUATION IS THE GOAL TOWARDS THE END OF THE SEASON

"We feel the fundamental understanding and technical literacy of our athletes can be better"

"It is the aim of this project and supporting information to refocus on the idea of skill development"

Joey Lavigne / AOA Athletics & HP Manager / Co-Chair AOA Skills Committee





SKILL UP 2026

CALEDON – Jan 15 SOLD OUT
Slalom FUNDamentals

CRAIGLEITH – Feb 5 SOLD OUT
Ski Cross FUNDamentals

BLUE MOUNTAIN – Feb 26 SOLD OUT
SL Tactical FUNDamentals



WOMEN IN COACHING 2026

We're launching a series of **Women in Coaching initiatives** this season — with opportunities for coaches at all levels.

Webinar

(Mon Feb 2, 7:00 PM): Canadian Alpine Ski Team coach **Marie-Ève Bouilanne** shares her coaching journey and insights.

Details coming soon!!!

AOA & CSIA Women in Skiing Summit

(Feb 3, Collingwood): A full day of networking and professional development with women leaders in skiing.

MORE INFO TO COME!

All-Girls Spring Snow Camp

(Apr 10–12, Mont Sainte-Anne): Coaching, mentorship, and skill development for female coaches and athletes.

TBD AND STILL NEEDS TO BE WORKED ON

[2026 WIC REGISTRATION LINK](#)



COACH **JP** SESSIONS

EXPERIENCE
"A DAY IN THE LIFE"
OF AN OST COACH

Are YOU looking to?

- > UP your COACHING game
- > EXPAND your coaching knowledge
- > BROADEN your coaching skills

COACH UP SESSIONS

A Google form will be shared for coaches to fill out with opportunities to spend time with our Ontario Ski Teams & Ontario Development Team and other events

PLEASE STAY TUNED FOR MORE INFO VIA RACELINE AND COACH INFO EMAIL

Jan 31, 2026, Deadline for Coach Licensing - clubs should be checking their snowreg club affiliation report for compliance

AOA Coaching Course Schedule and Registration - [HERE](#)

Entry Level Coach Course Schedule - make sure your course is on the calendar for March

Development Level Coach Courses

- Georgian Peaks – March 14/15/20/21/22
- MSLM/ Glacier - March 20/21/22/28/29

Performance Level Coach Course - Mt Ste Anne - April 6/7/8/9/10 - collaboration with SQA

Ski Cross Module

- Jan 29/30 - Blue Mountain
- Feb 5 – Craigeleith (To be confirmed)

Speed Module - registration coming soon

- Jan 28/29/30 - Craigeleith

2026 WIS Summit - The CSIA Women in Skiing Committee would like to extend the invite to all the women of the Canadian Ski Instructors' Alliance to join us for a truly special experience — the Women in Ski Summit, taking place February 3–5 in Collingwood, Ontario. Emma Woodhouse is the keynote speaker! Registration [HERE](#)

OFFICIALS UPDATE

Remember to have your Officials register with AOA/ACA.

Ensure volunteers/officials/crew are **ALL captured on a volunteer signup sheet** for each race. Include visiting volunteers from other clubs.

[AOA Events Calendar > Officials Training](#) (dark orange, filter Officials Training) or [AlpinePoints.ca > Officials > Take a Course](#) (Search Alpine Ontario)





DIVISION UPDATES

Southern Ontario Division

– Jennifer Gillard & Jason Manning

Lake Superior Division Alpine

– Dave Bradley – Erin Moir

National Capital Division

– Laura Jones - Tonya

Northern Ontario Division

– Alan Chute -

ALPINE ONTARIO ALPIN

DIVISIONS AND SKI CLUBS

AOA is made up of **four divisions, 35 ski clubs** and has over **5,000 registered members** which represent approximately 30,000 extended families including parents, coaches, volunteers, officials, and corporate partners.

The four AOA divisions are:

- National Capital Division (NCD)**
- Northern Ontario Division (NOD)**
- Lake Superior Division Alpine (LSDA)**
- Southern Ontario Division (SOD)**

SKI CLUBS – NOD

- Adanac Ski Club
- Elliot Lake Ski Racers
- Elite Alpine Ski Cross North Bay
- North Bay Antoine Ski Racers Inc
- Searchmont Ski Runners
- Timmins Ski Club

SKI CLUBS – NCD

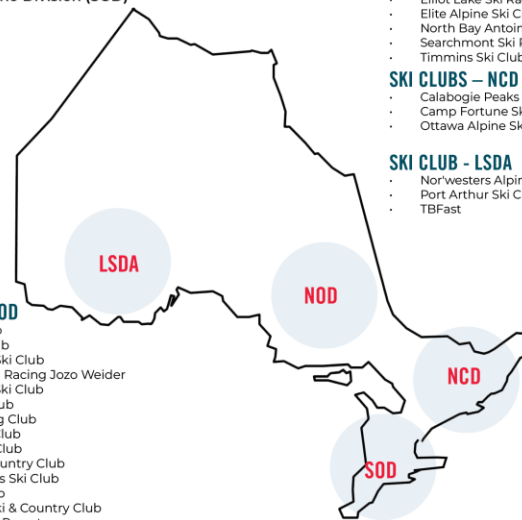
- Calabogie Peaks
- Camp Fortune Ski Club
- Ottawa Alpine Ski Sports

SKI CLUB – LSDA

- Nor'westers Alpine Ski Club
- Port Arthur Ski Club
- TBFast

SKI CLUBS - SOD

- Alpine Ski Club
- Batawa Ski Club
- Beaver Valley Ski Club
- Blue Mountain Racing Jojo Weider
- Brimacombe Ski Club
- Caledon Ski Club
- Catalyst Racing Club
- Chicopee Ski Club
- Craigleith Ski Club
- Devil's Glen Country Club
- Georgian Peaks Ski Club
- Glacier Ski Club
- The Heights Ski & Country Club
- Hockley Valley Resort
- London Ski Club
- Mansfield Ski Club
- Milton Heights Racing Club
- Muskoka Ski Club
- National Ski Academy
- North York Alpine Race Club
- Osler Bluff Ski Club
- Radius Ski Club
- Snow Valley Ski Club
- Toronto Ski Club
- Sir Sam's Club





Presented By



Enter for a chance to

Win a 2-night Mont-Tremblant Ski Getaway

Enter Now

Prizing & Draw Dates

Draw 1 Winner

Laura Cardwell

Draw 2

Jan 24

Draw 3

Feb 28

Grand Prize Draw

Mar 21



\$500 HH Merch + Bag



HH Ski Suit x 2



\$2K Rossignol Gift Card



Ski Trip for Two



NEW BUSINESS

Enter Daily!

<https://www.cbc.ca/sports/features/skigetaway>



NEXT MEETINGS

AOA Club Call Schedule 2026

Zoom 3:30 – 4:30 p.m

#5 Feb 11 2026 3:30

#6 Mar 4 2026 3:30 (updated)

#7 Apr 8 2026 3:30



PREMIER PARTNERS



PLATINUM PARTNERS



PROUD PARTNERS

