

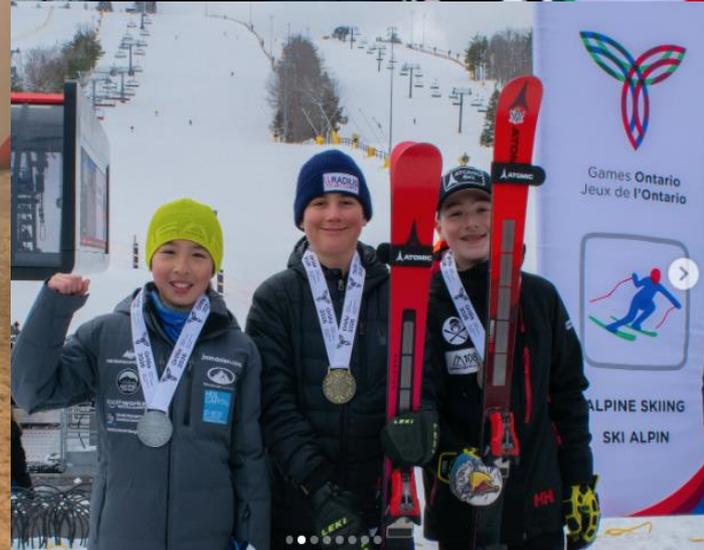
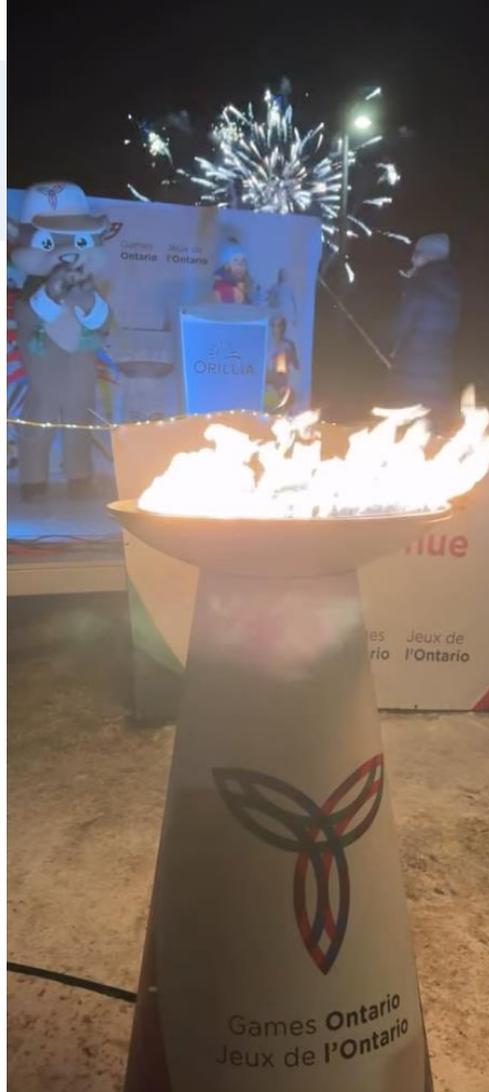


ALPINE ONTARIO

CLUB CALL

Mar 4, 2026

Presented by





COUX,

and honorary captain
team for

ALPINE ONTARIO **WELCOME**

Within these walls where a passionate ski community comes to gather, you are welcomed, accepted, and respected.

Here, no matter who you are or where you are from, you are at home, regardless of your race, national or ethnic origin, colour, religion, age, sex, sexual orientation, gender identity or expression, marital status, family status, genetic characteristics, disability, or conviction.

All we ask is that you be excellent, respectful, accountable, courageous, and a leader.

TOGETHER, WE ARE **ONTARIO UNITED**



ALPINE ONTARIO CONTACTS

For General Inquiries:

Alpine Ontario Alpin

39A Stewart Road

Collingwood, ON L9Y 4M7

Phone : (705) 444-5111

Email : memberservices@alpineontario.ca

Patrick Biggs

Executive Director

Tel (437) 245-6217

E-mail: pbiggs@alpineontario.ca

Contact for Board of Directors, leadership of AOA, strategic vision

Suki Chapman

Programs & Membership Manager

Tel (705) 444-5111 ext 133

E-mail: memberservices@alpineontario.ca

Contact for program or registration questions

Maria Burton

Director Partnerships & Marketing

Tel (705) 539 0679

E-mail: mburton@alpineontario.ca

or communications@alpineontario.ca

Contact for Partnerships, Marketing & Communications

Larissa Pitcher

AOA Bookkeeper

E-mail: accounting@alpineontario.ca

Contact for billing inquiries, AP, AR

Joey Lavigne

Athletics & High Performance Programs Manager

E-mail: jlavigne@alpineontario.ca

Contact for High Performance plan and/or staff.

Oversees OST, ODST U19/U16 HPP and Para-Alpine development

Tori Johnston

Competitions & Programs Manager

E-mail: Tjohnston@alpineontario.ca

Contact for coordination, logistics and programming for AOA programs and competitions.

Sarah Edwards

Manager, Coach Education & Delivery

E-mail: sedwards@alpineontario.ca

Contact for inquiries related to coach education for Entry Level or Development and Performance Level

Jacques Reid

Manager, Coach Development

Email: jski@alpineontario.ca

Phone: (705) 888-5544

Contact for coach education courses and initiatives.

AOA COACHING STAFF

Nick Kwasniak Para Alpine Coach – nick@alpineontario.ca

David McNeill, OST Women's Head Coach - dave@alpineontario.ca

Alex Lennox, OST Men's Head Coach – alennox@alpineontario.ca

Henry Yeigh, ODST Head Coach - hyeigh@alpineontario.ca

Tobias Porter, ODST Asst Coach - tporter@alpineontario.ca





AGENDA

- Division Updates
- High Performance Updates
- Pathway Information Meetings
- U14/U16 OCUP Updates
- Coach Education Update
- Officials Update
- Upcoming ON Events
- Final Meetings
- Questions





HIGH PERFORMANCE PROGRAMMING UPDATES

- OST – Returned from Sweden. Focus on Nationals, and Spring Series
- U14 Can-Am camp - March 27-28 Collingwood
- U16 Eastern Championships Team -

Training opportunities:

Monday March 16, Tuesday March 17 - TBC



U16 ATHLETIC DEVELOPMENT PROGRAM



2026 PROGRAM TIMELINES

MARCH 27 - Automatic invites communicated to selected athletes via club coaches

MARCH 27 - Applications for remaining athletes accepted

APRIL 3 - U16 ADP - DEADLINE FOR ACCEPTANCE OF INVITATION including nominated athletes

April 10-Selection for U16 ADP communicated to athletes and families

April 17 - Confirmation of participation - deposit due to Alpine Ontario

MAY 10 –17 - SPRING TECHNICAL CAMP (SUNSHINE)

May 29-June 1 - U16 Athletic Development Fitness camp*

AUGUST 8-22 - U16 Athletic Development Camp – El Colorado, Chile*

OCTOBER 10-19 - U16 Athletic Development Camp – Indoor (SL emphasis)

*All in person camps are subject to change and travel dates may vary.





U16 ATHLETIC DEVELOPMENT PROGRAM



PATHWAY INFORMATION MEETINGS:

Tues March 10 – U16 Parent Meeting – Live at Thunder Bay*

Tues Mar 17 - U14 Parent meetings - Live at OCUP Finals*

Date TBD - U16 Parent meetings - Live at Easterns*

*Location and time TBC

**Pathway presentation (U14-U16-FIS-CAST/UNI) – Wednesday April 1st 5PM
- Virtual zoom session**

<https://us06web.zoom.us/j/84033888068?pwd=DaXY9CJRjicyhrO5od8ahuHfHBmZhz.1>

The AOA Pathway Meeting is intended to be an information session for families and open to coaches. It will touch on themes like:

- How the LTAD is reflected in U14 and U16 OCUP Planning and competition
- U16 Athletic Development Program (ADP)
- FIS Racing and what it entails
- FIS programs
- Education Options and managing school pressures while racing
- ODST and OST information



U14/U16 OCUP UPDATES

Coach Selection – Easterns & Can-Ams

Invites going out to selected coaches for Can-Ams and

Easterns this week

U14 OCUP Finals

Race notice out end of this week

U16 Eastern's

Hotel is booked for all athletes and team coaches – Manoir Du Lac

Delage just below Stoneham

Bus booked for SOD athletes



SKILLS & DRILLS PROJECT UPDATE

FURTHER INFORMATION ON PATCH PROGRAM

FORMAL EVALUATION WILL BE TAKING PLACE AT U12 SKI MEISTER EVENTS (DG & BV)

WE ARE LOOKING FOR EVALUATORS!!!

"We feel the fundamental understanding and technical literacy of our athletes can be better"

"It is the aim of this project and supporting information to refocus on the idea of skill development"

Joey Lavigne / AOA Athletics & HP Manager/ Co-Chair
AOA Skills Committee

WELCOME TO THE SKILLS & DRILLS INITIATIVE



Understand this is a revised way of packaging these skills which we time tested, a refocus our attention and efforts to improving the skill level of our athletes with the goal of impacting our overall performance at competitions. When examining the performance of Ontario athletes at all levels we feel we can be better. We feel the fundamental understanding and technical literacy of our athletes can be better.

This task falls on the shoulders of you the coach. Starting at the youngest levels performance of simple skills impacts the outcome and performance of our athletes. It is the aim of this project and information to refocus on this development of skill idea. That with a clear understanding of this objective will come performance success at the end of the day. I know after talking with many coaches at all levels there is a commitment to the teaching of these skills, much work is being done already by coaches to move this needle forward. Many coaches are left to their own initiatives and passion to accomplish this. We hope to help coaches in this task and maintain a focus on key areas of the development process.

One area that we believe we can improve and use to stay on target is a simple tool called 'blanning'. Having a session / yearly plan in place that includes the technical progression and teaching key skills in a timely fashion will only assist us in reaching our desired goal.

This document is an effort to provide detailed information specific to key skills that have been identified as critical to the learning process. We provide a detailed description of each skill as well as a process and explanation of the evaluation of these skills.

We hope you find the information useful and informative. We welcome input and discussion on this material as we go through the season with the intent to improve as we move forward. Using a professional plan by the coaches with a set goal of improving the skill level of the athletes will yield positive results for all our programs and athletes. We encourage you to make the effort to examine your daily planning with both individual and group dynamics in mind to make learning of skills a part of these young athlete's goals. Be creative, understand the limitations we have and work to overcome these and develop excellent skiers so they will become fast racers.

We are also working towards a method of collecting data / information from all programs to assess progress. Stay tuned.

Good luck and have fun out there.
AOA Skills / Drill Committee

SPEISS DRAFT

ALPINE ONTARIO ALPIN

INTRODUCTION

ACQUISITION

CONSOLIDATION

RECEPTION

PROGRESSION / EVALUATION

ACQUISITION

CONSOLIDATION

RECEPTION / EVALUATION FOR COACHES



COACH **JP** SESSIONS

EXPERIENCE
"A DAY IN THE LIFE"
OF AN OST COACH

Are YOU looking to?
> UP your COACHING game
> EXPAND your coaching knowledge
> BROADEN your coaching skills



- Opportunities offered to DL/PL trained & certified coaches
- Date is Wed Mar 11 (Location TBD) with options for Mar 13 & Mar 27
- Coach Up Google form:

<https://forms.gle/9PLGiP2mpQTMUy1t7>

AOA Coaching Course Schedule and Registration - [HERE](#)

Entry Level Coach Course Schedule -

Development Level Coach Courses

- Georgian Peaks – March 14/15/20/21/22 - 1 registered
- MSLM/ Glacier - March 20/21/22/28/29 - 6 registered

Performance Level Coach Course - Mont Tremblant - April 6/7/8/9/10 - collaboration with SQA – 5 registered

Coach Verification – Thank you clubs for submitting the coach names and Supporting the process. U14 is almost fully compliant, we are working on U16/18 and U12 this week

Coach Evaluation for Certification

– send coach names to Sarah to open evaluations in snowreg

Brimacomb	Mar 6/7/8	7
Chicopee	Mar 13/14/15	3
Caledon	Mar 13/14/15	2
Osler	Mar 13/14/15	1
Craigleith	Mar 14/15/16	2
Alpine	Mar 20/21/22	8
Devils Glen	Mar 20/21/22	4
TSC/ Blue Mountain	Mar 27/28/29	7
Mansfield	Mar 27/28/29	1
Beaver Valley	Mar 20/21/22	9
Georgian Peaks	April 10/11/12	



OFFICIALS EDUCATION

[AOA Events Calendar > Officials Training](#) (dark orange, filter Officials Training) *or* [AlpinePoints.ca > Officials > Take a Course](#) (Search Alpine Ontario)



IN PERSON

Level 3

Apr 25 & 26 2026 *Collingwood*

<https://alpineontario.ca/calendar/?M=4&Y=2026#500460>

Host PTSO	↕	Date	↕	Info	↕	Level	Open Spots
Alpine Ontario		2026-04-25		Alpine Level 3 [ON] Course#500460 Collingwood		Alpine Level 3	∞



DIVISION UPDATES

Southern Ontario Division

– Jennifer Gillard & Jason Manning

Lake Superior Division Alpine

– Dave Bradley – Erin Moir

National Capital Division

– Laura Jones - Tonya

Northern Ontario Division

– Alan Chute - Bob - Dave

ALPINE ONTARIO ALPIN

DIVISIONS AND SKI CLUBS

AOA is made up of **four divisions, 35 ski clubs** and has over **5,000 registered members** which represent approximately 30,000 extended families including parents, coaches, volunteers, officials, and corporate partners.

The four AOA divisions are:

- National Capital Division (NCD)**
- Northern Ontario Division (NOD)**
- Lake Superior Division Alpine (LSDA)**
- Southern Ontario Division (SOD)**

SKI CLUBS – NOD

- Adanac Ski Club
- Elliot Lake Ski Racers
- Elite Alpine Ski Cross North Bay
- North Bay Antoine Ski Racers Inc
- Searchmont Ski Runners
- Timmins Ski Club

SKI CLUBS – NCD

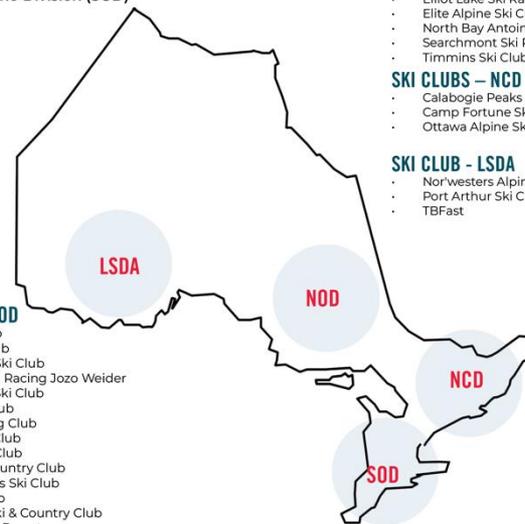
- Calabogie Peaks
- Camp Fortune Ski Club
- Ottawa Alpine Ski Sports

SKI CLUB – LSDA

- Norwesters Alpine Ski Club
- Port Arthur Ski Club
- TBFast

SKI CLUBS - SOD

- Alpine Ski Club
- Batawa Ski Club
- Beaver Valley Ski Club
- Blue Mountain Racing Jozo Weider
- Brimacombe Ski Club
- Caledon Ski Club
- Catalyst Racing Club
- Chicopee Ski Club
- Craigleith Ski Club
- Devil's Glen Country Club
- Georgian Peaks Ski Club
- Glacier Ski Club
- The Heights Ski & Country Club
- Hockley Valley Resort
- London Ski Club
- Mansfield Ski Club
- Milton Heights Racing Club
- Muskoka Ski Club
- National Ski Academy
- North York Alpine Race Club
- Osler Bluff Ski Club
- Radius Ski Club
- Snow Valley Ski Club
- Toronto Ski Club
- Sir Sam's Club



FREE AOA COMMUNITY ZONE

<https://forms.gle/9YizurbP6HbQNkNB7>

REMEMBER TO WEAR
YOUR TEAM GEAR!!



SKI  **CROSS**
WORLD CUP

ALPINE ONTARIO PRESENTS 

FREE **COMMUNITY ZONE**

MAR 21-22
CRAIGLEITH SKI CLUB

**300 RESERVED SPOTS
EXCLUSIVE FOR AOA ATHLETES**

FIRST COME, FIRST SERVED
COACHES WELCOME

GRAB YOUR SPOT! 

FIS SKI CROSS WORLD CUP



WC SKI CROSS

CANskihouse

MAR 21 & 22



2026 FIS Ski Cross World Cup CANskihouse VIP

by Alpine Canada

🕒 Saturday, 21 March 2026 from 9:30 AM (EDT) to Sunday, 22 March 2026 4:00 PM (EDT)

📍 Craigleith Ski Club Depot Lodge, Collingwood, ON L9Y 0S4



<https://www.canadahelps.org/en/charities/alpine-canada/events/2026-ski-cross-canskihouse-vip/>

WC SKI CROSS

TEST DRIVES

MAR 20

https://ineosgrenadier.com/en/ca/events/event?campaignid=CANADA_TESTDRIVES

DILAWRI | INEOS GRENADIER x SKI CROSS WORLD CUP



INEOS GRENADIER TEST DRIVE EXPERIENCE AT CRAIGLEITH SKI CLUB

INEOS Grenadier will be at **Craigleith Ski Club** for the **Ski Cross World Cup** from **March 20th - 22nd**, bringing our rugged, capable and functional go-anywhere vehicles to the slopes.

To kickoff the occasion, we invite you to take part in the exclusive **INEOS Grenadier Test Drive Experience on Friday March 20th!**

Discover the performance, capability, and precision engineering of INEOS vehicles in a setting that truly reflects their spirit — built tough and adventure-ready for every landscape.

[Click here to book a Test Drive!](#)

Official Partner of the Ski Cross World Cup



AOA CRAIGLEITH SKI CROSS NEXT GEN DEVELOPMENT CAMP

March 27
Craigleith Ski Club

- U14 U16 Racer SX Training

SAVE THE DATE



U14-U16 OCUP | SX DEVELOPMENT DAY:

1 - Day - MARCH 27 - CRAIGLEITH

Craigleith Ski Club: SX Athlete Development Camp

Dates: Mar 27, 2026

SX Athlete Development Camp - Ski Cross Skills

Craigleith Ski Club & Alpine Ontario will collaborate to offer a training day for coaches and athletes on March 27. The athletes and coaches will use parts of the remaining World Cup track, along with other environments, including its permanent SX track

This day is designed to expose our U14 & U16 OCup athletes and coaches to various Ski Cross training opportunities

Please stay tuned for information on registration and signing up

Craigleith will do registrations & payment just like it would do for a regular OCup event during the season

We will also run a Ski Cross on-snow module for coaches



2026 ONTARIO SKI RACING AWARDS

N O M I N A T I O N S O P E N



NOMINATIONS ARE NOW OPEN!

[1. Skis & Bikes Athlete of the Year](#)

Alpine Male & Female; Para-Alpine and Ski Cross

[2. Anthony Pacione Coach of the Year](#)

[3. Fasken Volunteer of the Year](#)

[4. Robert Shore Official of the Year](#)

[5. Karbon Event of the Year](#)

[6. Spirit of Sandy Proctor Award](#)

[7. Nomerica Builder of the Year](#)

[8. Mackenzie Investments Ski Club of the Year](#)

[Nomination Criteria Here](#)



MACKENZIE
Investments

WOMEN IN COACHING

A day of mentorship for young girls who ski race.



2026 WIC PROGRAMS

Presented by Mackenzie Investments

- **WOMEN COACHES – SHE SKIS – MAR 19 AM**
 - Stipend and Lunch Included
- **AOA ALL GIRLS CAMP – MT TREMLANT – APR 10-12**
 - ~\$450 plus discounted transport, lodging, tickets
- **If any female coaches are interested in participating in this event please contact**
Maria mburton@alpineontario.ca or Jacques jski@alpineontario.ca

AOA
ALL GIRLS
CAMP April 10-12
Mont Tremblant

- On-snow skill development for U14–U16 girls
- Women coaches & performance mentors
- Special workshops and on-hill experiences
- Approximate cost: \$450
- Group discounts – transport, food, lodging & lift ticket

MACKENZIE
Investments

SAVE THE DATE



Red Windows
PHOTOGRAPHY



FINAL MEETING

AOA Club Call Schedule

Zoom 3:30 – 4:30 p.m

#7 Apr 8 2026 3:30



PREMIER PARTNERS



PLATINUM PARTNERS



PROUD PARTNERS

