

OLB Elite Athlete Initiative



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What this program entails

The OLB Elite Athlete initiative is headed by a small committee of teachers at the school that act as advocates / advisors/ liaisons between the athlete/student, the teachers, your parents or any other group of people you may be in contact with during your time at OLB.

We are here for you. Our role is to provide assistance, advice, guidance, and direction to help you successfully navigate your time here at Our Lady of the Bay. We also want to hear about your accomplishments so we can also pass that along to the school as well.

Contact Information

The Committee Includes:

Mr. Kevin Gosselin- kgosselin@smcdsb.on.ca Mobile: 705-443-1677 - Teacher, Parent of HP Children, HP Coach, Summer School Teacher

Ms. Melissa Wheatcroft mwheatcroft@smcdsb.on.ca Mobile 705-441-6964 - Phys-ed Teacher, Head of Co-Curricular Sports

Ms. Marianna Knights mknights@smcdsb.on.ca Mobile 705-888-8129 - Teacher, School Chaplain, Parent of HP Child

Other Crucial Staff you will need to know: School Phone 705-445-2043

Address: 160 Collins St. Collingwood, ON L9Y-4R1

Ms. Kerri Parent - School Principal kparent@smcdsb.on.ca

Ms. Anna Coccimiglio - Head of Guidance ancoccimiglio@smcdsb.on.ca

Ms. Maureen Brinn - Head of Student Success (Room 144) mbrinn@smcdsb.on.ca

Extra help - OLB related tutors available for hire

Mathematics:

Mr. Sean Danaher - retired OLB teacher (all math and physics) - Mobile: 705-444-3523

Ms. Sarah Clarke - current Math chair at OLB (Room 214). Ms Clarke also provides private tutoring - sclarkemathtutor@gmail.com Mobile 705-888-2854

Science

Ms. Claire Pearson - Chemistry retired OLB teacher (Chemistry) Mobile: 705-888-2320 (send text)

Ms. Emily Prashaw - current Biology teacher at OLB eprashaw@smcdsb.on.ca

English

Jennifer Foster - current English chair at OLB (Room 161) - jfoster@smcdsb.on.ca

What the school is providing for you

OLB can offer, beyond this initiative:

- Flexibility around exam writing days, if necessary
- Flexibility around attendance (missing classes)
- Flexibility around assessment due dates (teacher by teacher)
- Math tutoring at lunch with Ms Clarke and many of the other Math teachers (Room 214 and upstairs)
- Access to Student Success Room (144) in all 4 periods for extra help or to write a missed test
- Most teachers also provide online content for their courses (either through Brightspace or Google Classroom)
- Excellent guidance for course selection and assistance planning your academic future
- A supportive place to pursue your athletic dreams and still maintain strong academic opportunities

What are your responsibilities as a student/athlete at OLB?

Time Management & Communication are crucial:

- Yearly or monthly schedules to all your teachers, cc myself, Marianna and Melissa as well - so we know where you are and where you're going.
- Reminders to the teachers as you get closer to when you'll be away for a day or an extended period of time, so teachers can prepare a few days/week ahead.
- If schedules change, and they often do, let your teachers know right away. Don't keep them guessing or blind side them.
- **PARENTS:** Please let the school know ahead of time if your child will be absent. A phone call or email will prevent you from getting the automated phone call each day.
- Returning to school after an extended trip. Coordinate with your teachers so you aren't expected to write every missed test and submit every missed assignment on the day you return.
- There are times when you are away and you can get work done, and when it isn't possible. Communicate that to the teachers as well
- Learn to advocate for oneself, stay organized, stay on top of things. The expectation is you are missing lots of school so sacrifices must be made (some of your social life must be sacrificed) - this can be very difficult and intimidating for students, especially if you don't know the teacher - but just like you need to speak with your coaches about the ins and outs of your sport, it's no different for each of your courses, so get in the habit of chatting with them early and often on a one on one basis.
- Ask questions when you are unsure of anything. Don't sit in a hotel room and fret or hope that you'll get divine intervention. Whenever you can check with the teacher- they are the ones marking your work or teaching you the course. Google or AI don't always get it right, so don't look for the easy answers.
- In the past we've had students who just hope things work themselves out and do very little to help themselves. These students make teachers (and parents) angry and they are ones who make it hard to want to help. Don't be that student. Come in a few minutes before school or class, or at the end of the day or during lunch and ask for assistance. Talk with your teachers. Ask them if there is anything you can do better - let them coach you through the courses as well.

- If you're having difficulty with a teacher or assignment, project etc come and speak with one of us to give you advice. Not all teachers are the same, we can help you navigate
- If you have any issues around your learning: IEP, nerves around tests, presentation anxiety etc, let us know and also let your teachers know. Again, we can help you overcome these challenges.
- Let us know any changes: Injuries happen, schedules are altered, personal situations arise. Also let us know the good stuff. Keep us in the loop on some of your successes and accomplishments through the season. It's important for us to be able to recognize this with all the school
- Don't forget to thank the teachers for assisting - they all want to help you, they will go out of their way for you.

Other Information / Advice

- Work with each other, also make new friends. Participate in other co-curricular activities - if you can.
- Do your best. Be honest and accept and own up to your weaknesses and failures. Just like in sport, work on your weaknesses, don't expect they will just fix themselves. Ask the teachers to help you. They will coach you through it, but you **MUST ASK**.
- Don't cheat - ever. You literally are just cheating yourself and potentially destroying your reputation. Don't think that coaches, schools, programs don't contact us - they do. Reputations are hard to make and easy to destroy with stupid mistakes and bad decisions. Work through your challenges, don't ever look for the short cut.
- **Be a model student when you're home and in class. Be involved in the class - ask and answer questions and be part of any discussions. Show up in proper uniform (no jackets or vests), keep your phone off and away and don't be an irritant to your teachers (REMEMBER THEY ARE DOING YOU FAVOURS, MAKE THEM WANT TO CONTINUE). If your cohorts are skipping to go to the peer, you might want to say no thank you. Also quiet/shy students can still do well, but they are disadvantaged.**
- On snow days (we have anywhere between 5-15+) if you're home, make a point of coming into the school and meeting up with your teachers. They will make time for you to get caught up and provide some one-on-one instruction- take advantage of that situation.
- Time management and organization require effort and diligence. They are the keys to success at anything you do.
- **Note:** Brightspace is not accessible for students if you are out of the country/province? Plan accordingly and download any materials ahead of time. There are no issues with Google Classroom.

On Final Marks

- Being part of this initiative does not mean you will get a bump in your grades. Marks and Credits **MUST be EARNED**. By no means should you expect teachers bump marks, nor should they be expected to bump marks. Do the best you can throughout the entire semester and also realize that despite everything that you and everyone around you does to assist you, the reality is that your marks may suffer with numerous absences. Hopefully the experience you get will help you in the future.

Other Docs & Videos to help you on your journey

- OLB Elite Athlete Initiative - [SlideShow](#)
- [Secrets to Success](#) Checklist
- Secrets to Success and Building [Confidence](#) - Ted Talk
- Practice with your full concentration – this helps your [brain learn](#) good habits (Ted Talk).
- Fear and nervousness are normal. You can learn to manage it ([watch this Ted Talk on overcoming fear](#))