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UPDATE

**2025-26
ONTARIO SKI TEAM
& ONTARIO
DEVELOPMENT
SKI TEAM**



ONTARIO SKI TEAM WOMEN

🇨🇦 Indoor Camp Recap – Ontario Ski Team Women 🇧🇪

June 29 – July 10, 2025

Our summer indoor camp kicked off with a flight to Europe on June 29th. The team hit the slopes at **SnowWorld Landgraaf** from **July 1–3**, focusing on **fundamentals, consistency, and clean technical skiing**.

After three solid days on snow, the girls had a well-earned break exploring **Brussels**, taking in the culture and recharging before the next training block.

We then headed to **Snow Valley in Peer**, where we trained another **three intense days**. The **Belgian conditions were no joke** — icy, grippy, and physically demanding due to heavy gate rebound. But the team dug deep and pushed through. 💪 Those tough reps will pay off when the race season begins!

Now it's time for some **dryland training and recovery**, before heading to **Chile on August 27th** for the next block of on-snow prep. 🌍🏂

Proud of the hard work and grit this crew showed all week. Let's keep building!

CORRECTION NOTICE

ONTARIO SKI TEAM and DEVELOPMENT TEAM ANNOUNCEMENT

We want to correct an error in our recent announcement of the **Ontario Ski Team** and **Ontario Development Ski Team** selections. **Matilda Bisiker's** home club was incorrectly listed — she is proudly a member of **Georgian Peaks Ski Club**.

At Alpine Ontario Alpin, we recognize the importance of celebrating and acknowledging the clubs where our athletes develop. The foundational work done at the club level is critical to athlete growth, and it is through the support, coaching, and dedication of our member clubs that athletes can progress into the provincial performance pathway.

We'd also like to take this opportunity to acknowledge the following athletes and their full club affiliations properly:

- **Rachel Tiviluk (NSA + Georgian Peaks)**
- **Harry Luxton (NSA + Georgian Peaks)**
- **Henry Black (NSA + Georgian Peaks)**
- **Will Eaton (Caledon + Georgian Peaks)**



EARLY AOA | ACA REGISTRATION OPEN FOR SUMMER CAMPERS & FIS RACERS

Are you **attending a summer ski camp** or **racing in FIS races in South America or New Zealand**? If so, registration is ready for you! Registering early will allow you to purchase the ACA Sports Accident Insurance Plan (SAIP) and activate your FIS license.

Information regarding **FIS registration and requirements** through Alpine Ontario can be found here:

<https://alpineontario.ca/alpine-ontario-alpin-racing/alpine/u19u21-racing-program/fisfees/>

Information regarding **SAIP insurance** can be found here:

<https://alpineontario.ca/resources/insurance/>



2025-26 SOD SEASON PLAN

The 2025/26 season brings a meaningful evolution to alpine programming across all U brackets in the Southern Ontario Division. Built from collaborative feedback from our member clubs and aligned with LTAD (Long-Term Athlete Development) principles, this new format creates a balanced path between training and racing—one that reflects how athletes develop.

What's New?

1. Structured Competitive Pathway (U10–U18) - Every age group now follows a more purposeful calendar that balances key competition experiences with space for athlete development. This includes targeted mid-winter races for U10 and U12, tiered finals (14 and up), aligned race weekends, and expanded spring opportunities for late-season skill acquisition.

athletes who attend with their own coach, as many are bringing a coach from their club.

3. Spring Championships for All Brackets - We've extended the season for every athlete. Spring events now offer a chance for athletes to showcase progression in a lower-pressure environment—perfect for wrapping the season on a high note. It also allows Ontario athletes to more closely keep pace with their counterparts across the country when it comes to days on snow.

Why It Matters

This isn't just a new schedule—it's a new framework. One that:

- **Honors the reality of athlete development**
- **Promotes training-to-race ratio best practices**
- **Reduces travel, stress, and admin complexity**
- **Supports every club—large or small—with flexible hosting models**

Together, we're building a calendar that reflects who we are as a region: collaborative, athlete-first, and ready to evolve.

Thank you,

SOD Committee and Alpine Ontario





2025 ONTARIO SKI RACING AWARDS **Celebration**



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NOV 7'25

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450 Dupont St Toronto 6:30-9:30pm



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AOA SOD FITNESS TESTING



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SEPT 27-28 2025



York University
Track & Field Centre



Schedule
Sept 27
FIS, U18, U16 and U12
Sept 28
U14

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